

CHRIS BADENHORST

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+27 72 331 6523 (WhatsApp)

South Africa / United States

www.cBadenhorst.Blogspot.com (Freedom in Your Soul)

[www.Instagram.com/cBadenhorst.Missions](https://www.instagram.com/cBadenhorst.Missions)

www.ProvisionsOfGrace.org (Non-Profit Outreach & Ministry)

www.ProvisionsOfGrace.Blogspot.com (Biblical Deconstruction)

[www.Instagram.com/ProvisionsOfGrace](https://www.instagram.com/ProvisionsOfGrace)

www.YouTube.com/@ProvisionsOfGrace



- Full Résumé / CV online: <https://cbadenhorst.blogspot.com/p/resume-cv.html>
- [Download Portfolio \(PDF / 35MB\)](#)

I. **VOCATION:**

My [Mission](#) is to help people heal and experience the freedom that comes from our own healing.

The desire ([Purpose](#)) I have is to share my life-journey as I myself learn and grow and change. That in doing so, you may be helped through your own life-journey.

The [Premise](#) I take in life is that: You CAN change. I CAN change. We all CAN change. Not to become, but to uncover who we truly are. We break off that which does not belong, to reveal that which we are!

My desire is that, by sharing in my own life-journey healings and discoveries, others can find the "[Freedom in Your Soul](#)" through a transformative understanding of one's own mental / emotional wellbeing; and also through a Deconstruction of "Christian" religion into a personal and direct relationship with the Lord ([Trusting the Father](#)).

II. **PROFESSION:**

Currently (from 2016):

- **Provisions of Grace:** *President and Co-Founder.*



[Outreach](#) & Ministry through this co-founded Non-Profit Organisation (*a registered 501c3 in the United States*). Our outreach began in poverty-stricken areas of Cape Town, South Africa—working along-side churches and others to demonstrate Love, Hope, and Comfort to those in need (mentally, emotionally, spiritually, and physically).

Our support of a local church helped restart their children's Sunday School and a bus ministry. Connections with different churches also allowed me to do guest-pastoring and home-cell Bible Studies.

Our street ministry in dire poverty areas and in hospitals revealed the heart of the Lord to people who often felt neglected, forgotten, or unappreciated.

This outreach continued with the [establishment](#) of a low-fee independent school catering to low-to-mid income families: *Crosspoint Academy – Strand*.

My **ministry** expanded into Bible Studies reflecting my own "Christian" deconstruction from the doctrines and dogma I was raised in and had believed. This 52-part booklet ([Trusting the Father](#)) is available on the [blog](#) and [YouTube](#). My passion continues on [Instagram](#) and in deep-dives like [Psalm 23: A Not-So-Simple Soul-Cry & Heart-Response](#).

More on the history of Provisions of Grace can be viewed on our [About Us](#) page.

- **Crosspoint Academy – Strand:** *Chairperson and Director of Operations.*



CROSSPOINT ACADEMY - STRAND

Guiding Hearts and Minds

Taking over a failing farm school at the end of 2016, I helped (with a new team) nurture the school back into success—one fully staffed with qualified teachers, financial stability, growth, and heart.

In 2018, the school was forced off the land and relocated to its current urban location near the beach in Strand, Cape Town, South Africa.

Connections with international donors, as well as an outstanding relationship with the Education Department have ensured necessary financial support and a continued government subsidy.

Through dedicated effort and perseverance, it has developed into a holistic school, caring for Neuro-Diverse children—now with over 240 learners and over 30 combined teachers and staff. More about the school: www.instagram.com/Crosspoint.Foundation

My role includes:

Help establish and maintain the vision of the school (3-year projected plans), oversight of 34 employees (and their personalities), coordination with/between Management Team, Banking / Finance oversight with Bookkeeper / Treasurer, Signator (bank / leases / contracts / etc), Public Officer, direct involvement with Auditors, annual legal updates with DSD for Non-Profits, annual Government Subsidy from WCED, Salaries, NPO Constitution, Volunteer Manager, liaison between Board and School, Human Resource, Contract Creation, CCMA / Labour Law disputes, Donor Solicitation & Contact, creation and upkeep of website and social media sites, in-house set-up of emails and Google Workspace, Marketing / Advertising, meeting with parents / individuals / organisations, co-developing and co-implementing policies and standards, coordinator with Municipality / Health / Safety, being a role-model (to employees and the learners).

- **cBadenhorst Missions:** *My Healing Journey (Missions of Healing).*

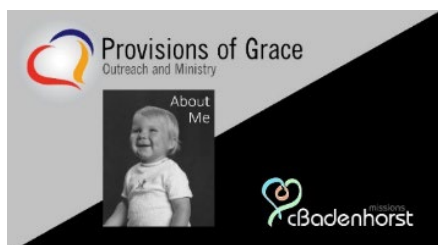


As I uncover aspects of myself, my life, my past, and my relationship with the Lord, I discover (uncover / reveal) a freedom like I have never felt before. As each layer gets removed in my healing, specific areas of my life and my being get set free. This is such an overwhelming sensation; it brings such longing for me to see others become free themselves. For me, the freedom from self (our programming) is one of the greatest healings—hence, to [Discover Your Freedom](#).

I share these insights on my [Instagram](#) page (as well as [Facebook](#)) that unravel aspects of our life involving our Programming, Strongholds, Self-Worth, Trauma (PTSD / cPTSD), Mental / Emotional Healing, Childhood / Upbringing, Love, and more; often taking us through a [Pendulum Learning](#) process in our healing-journey.

My blog also delves into aspects of "Christian" religion that were part of my religious deconstruction process questioning. This is seen in posts like "[If It's In The Bible?](#)"; also overlapping my Provisions of Grace with posts like: [The Healing Is Greater Than How You Got Healed](#) (which I did at a [Contemporary Christian Spirituality Conference](#)).

- **More:** [About Me](#) (Video)



III. **PREVIOUS CAREER:**

- **Architecture** (1998 - 2016):
 - Benson Hlavaty Architects** (Dallas, TX)
April 2012 – March 2016
 - Richard Wright Architects** (Dallas, TX)
October 2001 – April 2012
 - Leo A Daly** (Dallas, TX)
September 1998 – July 2001
- [Complete Architecture Portfolio \(PDF / 28MB\)](#)

IV. **EDUCATION / DEGREE:**

- **Bachelor of Science in Architecture**
 - University of Texas at Arlington** (1994 – 1998)
 - Secretary: Architecture Constituency Council
 - Member and Assistant: American Institute of Architecture Students
 - University Mentor/Mentee Program
- **Bible College** (*First Year Only, 2014 – 2015*)
 - Charis Bible College** (Dallas, TX)

V. **CREATIVITY:**

- **35mm Photography**
[Complete Photography Portfolio \(PDF / 25MB\)](#)
- **Painting & Drawing**
[Complete Art & Design Portfolio \(PDF / 18MB\)](#)

VI. **TECH SKILLS:**

- MS Windows
- MS Office (Word, Excel, PowerPoint, Teams, Outlook)
- MS 365 Admin
- Adobe Suite (Acrobat Pro, Photoshop, Illustrator)
- Google Workspace Admin (G Suite / Google Drive)
- SketchUp
- AutoCAD
- Xero Accounting Software
- YouTube & Instagram (Content Creation)

VII. **REFERENCES:**

Available on Request

VIII. MARKETABILITY:

Full-Time or Part-Time Employment that brings Missionary Experience, Ministry Dialog, Missions Passion, Business Knowledge, Organisational Skills, Structure Set-Up, Guidance, Concept Creation, Trust with Finances, Planning, Events, Talks, Presentations, Workshops for:

- Non-Profits
- Start-Ups
- Churches
- Christian Groups
- Self-Help Organisations
- Retreats / Healing Communities
- Wellbeing Conferences
- Adult Ministries
- Religious Facilities
- NeuroDiversity Community

My Desire is to share my ongoing Life-Experiences, Healing-Journey, Trauma Recovery, NeuroDiversity, Inclusivity, and Religious Deconstruction in a group setting or one-on-one atmosphere. To bring healing to souls of all who seek so.

IX. MY BEAUTIFUL SELF:

- | | | | |
|--------------------|--------------------------|----------------------|-------------------|
| • Loving | • Neuro-Diverse | • Gentle | • Parent / Dad |
| • Kind | (<i>Autism / ADHD</i>) | • Loyal | • Child |
| • Sincere | • INFJ | • Intimate | • Divorcé |
| • Self-Reflecting | • Stubborn | • Non-Binary | • Trauma Survivor |
| • Self-Aware | • Creative | (<i>They / He</i>) | • Overcomer |
| • Passionate | • Visionary | • Gender Fluid | • Open-Ended |
| • Compassionate | • Story-Teller | • Queer | • Healer |
| • Vulnerable | • Detailed | • Demi-Sexual | • Minister |
| • Highly Sensitive | • Dedicated | • Naturist | • Freedom-Seeker |

X. INTERESTS:

- | | | | |
|-----------------|---------------|-------------------|----------------------|
| • Ocean | • Retreats | • Culture | • Universe |
| • Beach | • Festivals | • Museums | • Psychology |
| • Forests | • Flight | • Theatre | • Deep Conversations |
| • Nature | • Travel | • Music | • Spirituality |
| • Game Reserves | • Food | • Cats | • Journeys |
| • Camping | • Photography | • Science Fiction | • Healing |
| • Hiking | • Art | • Quantum | |

XI. DOCUMENTATION / LEGAL:

South African Citizen (Born)

United States of America Citizen (Raised)

Driver's Licences (USA & ZA)

Passports (USA & ZA)

- Languages: English (*HL*) & Afrikaans (*Basic*)

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Set within the natural beauty of the ocean lapping at the feet of mountains, are tin shacks, decrepit poverty, and forgotten hope. This is so much of South Africa's struggles—a recovery blighted by unfulfilled promises, inability, and corruption.

Where love feels foreign, in comes a reminder that love not only exists, but that it is tangible to each part of your being. Clothes and food may sustain the body, yet Love is what nourishes the soul.

Having left all that we were and all that we had, [the Lord called](#) us (and orchestrated our going) to the Cape Town area of South Africa. With trust, faith, and an unadulterated heart, we went. Grateful for our church in the States supporting us Spiritually and Financially.

Having connected with a church and existing outreach programme in South Africa, we brought love and resources for those in dire need. Being welcomed into loving and broken homes, we connectively-experienced their life, their reality, and their journey.

Carrying the generational rejections of what had come before, each soul was seen, felt, heard, and validated. Each life-story unfiltered. Every part of their being accepted for who they are.

Yes, there was a growing of a congregation, a bus ministry, a children's church, some clothes to wear and some food to eat... this helps. But it is being the Love which reaches to the core of a person's soul: healing, rejuvenating, and unshackling a life.

Sadly, our love and pure heart was what we ended up being persecuted for—not from the people and community receiving it, but from the local church and programme we were alongside. *"The love you are showing is stronger than what we are trying to do."*

Yet, we persevered into other community areas in need, connecting with Crèches (Daycares), Soup Kitchens, and other churches and organisations—all of whom were helping in their own community.

We then were helping teach English to pre-schoolers, interacting with and assisting in Soup Kitchens, doing street ministry, guest-pastoring at churches, and going into government hospitals to show love and pray over those suffering (whether as a result of violence, accident, Diabetic Amputation, AIDS, and other terminal illnesses).

Speaking Life through Love over people we saw the Gifts of the Holy Spirit physically, mentally, and emotionally heal children and adults—an expression of Ministry work.

Our love also supporting through volunteering, donations / financial support, food, and schooling.

This led us into supporting an organisation on a farm which fostered several children, had a small garden, and a school of 88 students—prompting our desire into [Establishing Schools](#).

With humble beginnings, our Outreach has become a lifechanging wellbeing for each child and adult that comes through the school, crosses my life, is ministered to, or shares in my own healing-journey experiences.

Outreach is this way of love, care, and life.

Outreach



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My role is as both the Chairperson and the Director of Operations at [Crosspoint Academy – Strand](#) (Cape Town area of **South Africa**), having overseen up to 34 staff and over 300 students.

Having taken over this role at the end of 2016, I helped turn a small failing 88-student farm school into one that truly enables all children to experience safety, peace, and care along with their education.

From mid-2018, after being forced off the farm plot (with a S.O.S. “Save Our School” campaign), we settled into an urban rental space across from the beach; yet still accessible for low-to-mid income families from the surrounding areas and poverty-stricken Townships.

Our school fills a dire need, a niche between the over-crowded Government schools (with an average of 45 students per class per teacher) and the high-priced Private schools that exclude the majority demographic of South Africa.

Though we are a government-registered Independent school, we are a Non-Profit and Public Benefits Organisation that holds our school fees below what many Public schools charge—all while keeping to 24 students per class per teacher.

But is it more than just that, it is about providing these children with a *Holistic Wellbeing*. Not only do they receive an adaptive education (with individualised support), but they are cared for through an addressing of home-environment concerns (through our on-site counsellor). For, so much of what a child goes through growing up, is what they experience in and around them at home—to which we provide the help, support, and tools for.

Many children come into the school with Learning Barriers or undiagnosed Learning Differences. Some dealing with the oft poor hygiene associated with poverty and/or abuse. We then partner up with clinics, dentists, eye and ear specialists (glasses / grommets), as well as Psychologists to do screenings for Autism and/or ADHD (educating the parents along the way too).

Though we do receive a government subsidy to help cover costs, this does not cover the school fees for the students. And for those families struggling within poverty, who genuinely cannot afford our school fees (but want better for their child to what government schools provide), we connect them to international donors who sponsor their fees.

It is Non-Profit Organisations such as [project:help](#) in Germany who truly support the school with these sponsors and donations. Even **Provisions of Grace** is a financial [cause-way for donations](#) to come through from the United States (as a registered 501c3).

[The Crosspoint Foundation](#) (overseeing the school) is set up to continue establishing schools in the area. Our focus with the “Strand” school is self-sustainability within the tight financial limitations and economic struggles in a rental property. This year, we have shifted the current school into a Primary School with Pre-K, Kindergarten, and grades 1 – 7 (doubling up each grade into two classes each). Now with 24 staff and 240+ students (up to 350 students).

As we grow and see the needs of different types of schools in the area, our hopes are to also have schools specifically for NeuroDiverse children as well.

Having been established on the foundation of Love, we are diverse and inclusive across Learning Barriers, Learning Differences, Nationalities, Ethnicity, Race, Culture, Religion, Gender, Orientation, Economics, and more. Each school will carry this, *Guiding Hearts and Minds* of not only the children, but all who journey through our family.

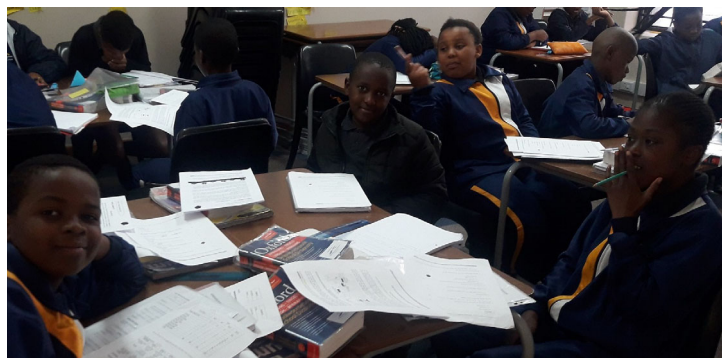
Continuing to foster what the Lord has blessed us with.

Follow the school: www.instagram.com/Crosspoint.Foundation

Farm Plot School (2016 - 2018)



Strand Urban School (2018 - 2020)



Strand Urban School (2021 - 2022)



Strand Urban School (2023 - 2024)



Strand Urban School (2025 - Current)



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At 38-years old, my Religious Deconstruction slowly began, and I started to break off the religious abuse I suffered growing up—whether by the church(es), my dad, or my stepdad. All three aligning to a punishment and guilt-based belief system.

Learning about a God that wasn't out to beat me or shame me helped me start gravitating to a "Father" that was actually safe—even if my programming doubted it.

But as I started becoming vulnerable to the Lord, and pushing into an unfamiliar intimacy, my heart and my beliefs changed. And without this change, I do not feel that I could have trusted Them enough to leave it all behind that brought me back to where the Lord needed me.

And within that [Outreach](#) coming to [South Africa](#) I got to guest-pastor at churches, lead lessons in Bible Study groups, demonstrate the Lord's open-love to the downtrodden, physically heal people, welcome people into belief, and bring to others my own relationship with the Lord.

This relational Religious Deconstruction continued in blog form, and eventually progressed into a Bible Study series titled: [Trusting the Father](#). Over the course of several years, I put together this 52 lesson series ([downloadable PDF](#)) covering many topics I grew up with, but having re-evaluated; while others were discoveries made in my journey of experiencing the Lord personally.

Yet, even with all this, my relationship with the Lord (Father / Parent, Son / Sibling, and Holy Spirit / Counsellor) actively shapes and unveils who They are.

My Ministry is a sharing of these insights, experiences, understandings, beliefs (even as they change), and more; discerning what is written in the Bible with its [Misunderstandings and Misinterpretations](#) (denoting that not all that is in the Bible accurately reflects the Lord or is of the Lord); expanding on the meanings of words / terms used in the Bible from the Greek and Hebrew ([Psalm 23: A Not-So-Simple Soul-Cry & Heart-Response](#)); and also **to Seek the Lord in All Things, and to then Find the Lord in All Things** (not just what is limited to the Bible).

So much of these lessons reflect my hope that others can break free from some of the religious limits found within ourselves because of what me maybe were told to believe. And in doing so, that they can also experience (as I do) their own freedom from an abusive "Christian" religion I lived.

My Provisions of Grace social media posts on [Instagram](#) and linked [Facebook](#) share my thoughts and journals, while the Provisions of Grace [YouTube](#) and [blog](#) give in-depth breakdowns—including one from a speaking engagement at the [Experiential Conference on Contemporary Christian Spirituality](#).

The workshop I did at this conference looked at how we can embrace our own personal journey into freedom—titled: [The Healing Is Greater Than How You Get Healed](#).

This is further connected to my personal [cBadenhorst Missions](#) work that shares my own life-journey of healing—breaking survival programming (that became strongholds), re-parenting myself, the uncovering of my uniqueness, and the continual recovery from childhood and adulthood traumas.

Truly, in everything I share, I long for the healing and freedom it may bring you!

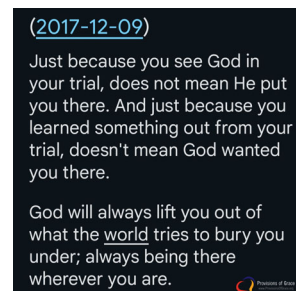
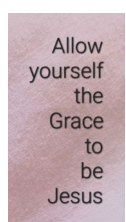
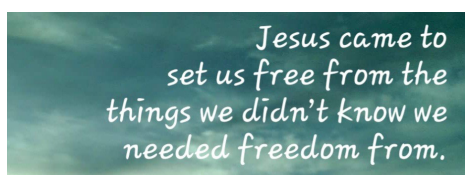
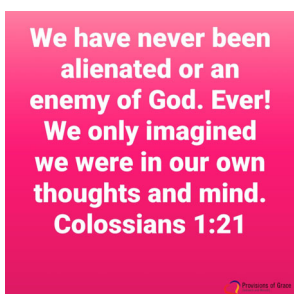
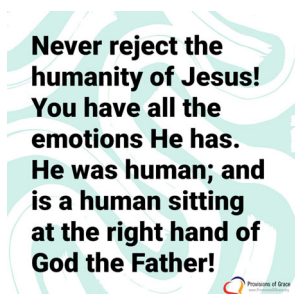
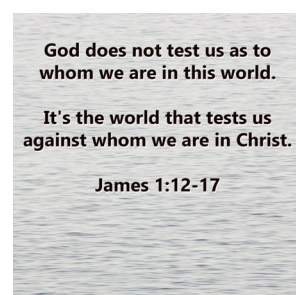
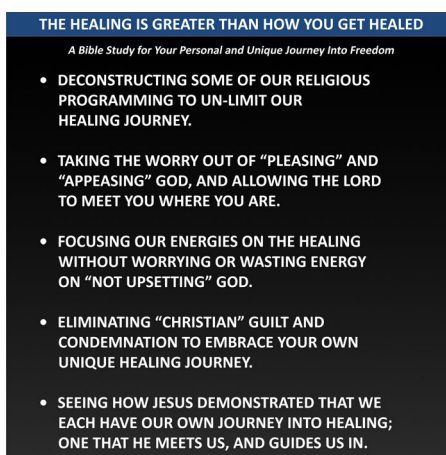
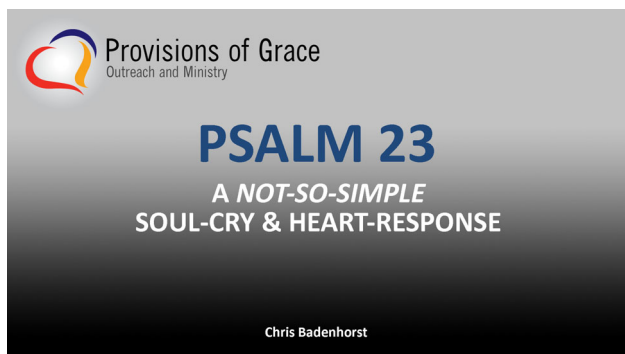
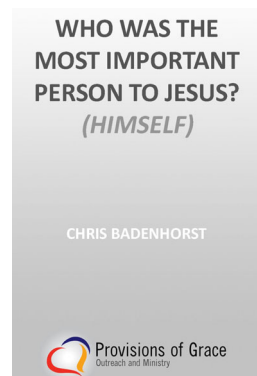
God Bless (as They ALWAYS do)!

Ministry



(2024-05-01)

When God manifests out from you, that is Faith.



Ministry

TRUSTING THE FATHER

BIBLE STUDY SERIES

Preface

- | | | | |
|------------|--|------------|--|
| 001 | Character and Nature of God: "Good" (NLT) | 027 | Filled with The Holy Spirit (VOICE) |
| 002 | Character and Nature of God: "Love" (NIV) | 028 | The Humanity of Jesus (TPT) |
| 003 | Character and Nature of God: "Jesus: (JBP) | 029 | The Thief (Discernment & Battle) (CSB) |
| 004 | Character and Nature of God: "Holy Spirit" (CSB) | 030 | Humility, Obedience, & Trust (TLB) |
| 005 | Peace (AMP) | 031 | Our Responsibility (With the Lord) (CEB) |
| 006 | Grace (GNT) | 032 | Money, Tithe, & Giving (NLT) |
| 007 | Faith & Belief / Unbelief (EHV) | 033 | Loves (NTE) |
| 008 | Health and Healing (NKJV) | 034 | Fruit of the Spirit (DLNT) |
| 009 | Trials / Temptations / Discipline (NLV) | 035 | Gifts (EXB) |
| 010 | Satan Defeated! We Have Authority (CEB) | 036 | Armour of God (NIV) |
| 011 | Identity (ESV) | 037 | Repentance & Conscience (GNT) |
| 012 | Tabernacle: Body, Mind, Soul, Heart, Spirit (Overview) (TPT) | 038 | The Law (EHV) |
| 013 | Tabernacle: Body (MEV) | 039 | Your Adversary (HCSB) |
| 014 | Tabernacle: Mind (NTE) | 040 | Final Judgement (WEB) |
| 015 | Tabernacle: Soul (TLB) | 041 | Fasting (Meat & Drink) (EHV) |
| 016 | Tabernacle: Heart (NMB) | 042 | Soul (Emotions & Feelings) (RSV) |
| 017 | Tabernacle: Spirit (HCSB) | 043 | Storms of Life (VOICE) |
| 018 | Believing in Christ Jesus & Forgiveness of Sins (GWT) | 044 | Our Duality (Flesh & Spirit) (NET) |
| 019 | Taking the Worry Out of Sin (Religiously) (DLNT) | 045 | Sowing & Reaping (LEB) |
| 020 | How Do We Live as Christians (Believers)? (MSG) | 046 | Ministry Types (GWT) |
| 021 | A Redeemed & Reconciled (Not Fallen) World (MEV) | 047 | Body of Christ (CSB) |
| 022 | Righteousness is Not a Behaviour! (AMP) | 048 | Overcome the World (TLB) |
| 023 | Salvation / Saved (NABRE) | 049 | As a Child (ICB) |
| 024 | God Allowed It? (MSG) | 050 | Freedom (MEV) |
| 025 | The Lord's Prayer (NMB) | 051 | [Correct] Knowledge (HCSB) |
| 026 | Baptisms (GWT) | 052 | Moving Forward... (RGT) |
| | | | Conclusion & Further Topics of Study |

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My **Mission** is to help people heal and experience the freedom that comes from our own healing.

That by questioning everything about our own self and discovering those questions, we begin to unravel all that we have been with a revealing of who we truly are under (and out from) all that this existence has encrusted us in.

No longer burdened by the effects of what has happened to us, or the internal detriments of them:

- Religion.
- Abandonment.
- Rejection.
- Missed Diagnoses.
- Abuses.
- Divorce.
- Childhood Trauma.
- Complex Trauma.
- Neglect.
- Fear.
- Anxiety.
- Depression.
- Dependency.
- Control / Manipulation.
- Narcissism.
- Addiction.
- Hurts.
- Pains.
- Anguish.
- Torment.
- Mental Illness.
- Religious Abuse.

That no matter what has come before or will come to, we have the knowledge, understanding, and capability to live free from our own self and those around us.

As we chose to unravel all that has been in our life—from our inception to our now—we hit upon a personal Truth that breaks-off those parts which had unknowingly been holding (binding) us.

Uncovering parts of us, opening up our childhood, questioning the why's of 'me' (actions / behaviours / routines / go-tos / habits / history), reaching into our shadows, nurturing what had not been, reparenting what should have been, removing the blame we weren't to have taken on, giving the shame back to those who put it there, forgiving ourselves for not yet knowing.

For all of this, I share my own history, experiences, knowledge, and insight of these into this life (my own and yours)—to bring about an experiential freedom that I long for everyone to have for themselves (individually and collectively).

To be the You that you were Created as.

The desire (**Purpose**) I have through **cBadenhorst – Missions** is to share my life-journey as I myself learn and grow and change. That in doing so, you may be helped through your own life-journey.

My belief in the Lord helps me in this journey—as I do accept His desire to want me to break free from my own strongholds.

On the pages through my [blog](#) and [Instagram](#) (linked to [Facebook](#)), I share the life and healing-journey I am on.

I still am delving into all these areas of my life; uncovering the ramifications of childhood and adulthood abuses, the detriments from my religious experiences, my survival programming, my inherited traits, my Autism, and my Combined ADHD, and all that is my healthy / unhealthy.

So not only am I becoming more knowledgeable about how I survived by building fortresses of protection, I could now begin to see how those then-built strongholds affected my own life and relationships in the now (as an adult).

But also, post diagnosis, see now why I was different growing up, never feeling I fit in, being abused for not being "normal", and re-experiencing my life in this clarity.

And as I have embraced all these areas of healing (a very painful and uncomfortable process), I reveal my true ME, un-programming that which does not belong, re-parenting my childhood self, and to be the me ("Just Be") I was created as (as myself / to myself / for myself... and for others).

And be able to embrace the pains of this world. It's ok that pain exists—we were not designed to experience it—hence why we so naturally want to avoid it!

The **Premise** of my Missions being:

**You CAN change. I CAN change. We all CAN change.
Not to become, but to uncover who we truly are.**

What I have garnered in my life—from observations of myself and from others—is that the majority of what makes us "us" is our upbringing. The "us" being our personalities, emotions, thinking, heart, and actions/reactions to things.

Each one of us has a unique upbringing and interpretations that define who you will be—whether that upbringing was experienced as more positive or more negative. You, thus, develop strengths and weaknesses in your life.

Finding uses for those strengths is key to helping you in your career, relationships, and rearing of your children. And then, also uncovering those weaknesses (iniquities) that will become a detriment to the positives.

Even those "survival" aspects of your upbringing that instinctively protected you as a child (becoming your castle), instead of continuing to protect you, becomes a prison—limiting your freedom of being, your relationships, career, and your influenceable environment.

Those iniquities and survival techniques now become a stronghold to living a freer life outside of that which was engrained into you as a child.

So, now, your responsibility is to "re-train" / "re-parent" yourself to undo what no longer belongs (is beneficial), and to build in its place that which does promote a better life (for ourselves and for everyone around us).

This is where it truly boils-down to the "breaking of strongholds" and "renewing of the mind". And the change we can make, for we are malleable human beings in body, mind, soul, heart, and spirit.

And my belief in the Lord plays a huge role in this possibility, guiding me not only Biblically and Relationally, but with the people that influence my life for the better—those that are likeminded.

This culmination of people, purpose, medication, meditation, plant-journeys, cultural exchange, safety, and your relationship with the Lord redirects your existence into a "Life more Abundant" in this life now!

Because when what makes us "us" transitions from that flesh "us" to the Spirit "us", we bring Life to ourselves, our being, and our surroundings.



We break off that which does not belong, to reveal that which we are!

Like hard eggshells of Porcelain / Plaster breaking off the body

(resembling a breaking-off of a restriction / binding-agent that is the stronghold)

My [Beliefs](#): It is only about LOVE!

For when we understand the genuine purity that is Love, we alleviate the confusions of existence, ourselves, others, religion, and "god".

Not only does this Love exist in us as Created, we get to experience Love through the life and testimony of others.

Yet, too often, we have not experienced Unconditional Love in our own lives and upbringing—thus, tainting how we view and express "love" ourselves or through other people.

My Religious Deconstruction is shared within this blog and that of Provisions of Grace. And in having started that journey, I have seen the failings of religion in "missing" love and the Heart (Character and Nature) of the Lord as Love.

For me, any confusions as to Who the Lord is, is eliminated in the embodiment of Jesus Christ—Jesus expressed ALL of Who They Are (not what others in the Bible thought, interpreted, or believed God to be).

This is what I believe and hold true in my heart: Love. For beyond the [Biblical beliefs I share on Provisions of Grace](#), the Lord is not limited to the Bible (*nor the perceptions or interpretations of the writers and translators of the Bible*). For it is that I (we) are:

to Seek the Lord in All Things, and to then Find the Lord in All Things

The Lord is imbued in ALL of Creation and Existence—the All of the infinite and infinitesimal. Their makeup of Love are in each and every person, resonating out from each inanimate object, with a Life felt by all living beings.

When we un-limit ourselves to one "book", one "person", or one "religion", we get to un-limit Love.

It is only about LOVE!

[For Bible Studies, please visit my Provisions of Grace blog.](#)



Missions

Learning to let go of my
past imperfections.
While also learning not
to hold others to the
same unattainable
perfections
I place on myself.



**SOMETIMES, WE
JUST WANT TO FEEL
CARED FOR IN
OUR TIME OF LACK**

(2024-02-06)

Emotions don't *lie*,
we sometimes just
mis-interpret them

(2025-07-19)

The **mental, emotional, and
physical drain after** one has
stood up for yourself...

- against the *abuser*
- against the *programming*
- against the *fawning*

...it's **debilitating and real**.



Chris Badenhorst

10 Aug 2018 · 🧑

Embrace the hurts you face when doing
things out of love. The pain demonstrates
that you are doing things from a heart of
God; for the emotions you feel is the same
that the Lord feels.



(2023-06-29)

Sometimes
the only way
to see **inside**,
is to *break*
the **vessel**.

*That vessel
is often ourselves.*



Suicide Awareness & Prevention
(my struggle too)



Chris Badenhorst

2 Jan 2020 · 🧑



No matter where you are, you can always
be a motivation for someone else. Too
often we seek out motivation from others
without realizing we can be a motivation
for someone else. Don't disregard your life
and situation because it may not be where
you want it yet; but it does mean you have
succeeded in being where you are (up or
down), and that testimony may pull
someone else up. Don't disqualify yourself,
but value yourself as a means and need for
another. And share life together with that
friend, spouse, family member, or stranger.

(2025-01-01)

Self-Awareness includes:
seeing the things we believed
wrongly about ourselves, others,
or our life as a whole... and then
**no longer letting them define
how you live life.**



(2024-01-20)

The **fawning** that helped keep
me *safe* from abuse as a *child*,
became the **fawning** that helped
get me abused as an *adult*.

(2024-01-04)

Communication is also asking:
"What do you mean by that?"

**We Live in a World of
Landmines**

The Lord wants to
guide us around them;
but that doesn't mean
we won't get hit by
the shrapnel from
someone else's mine
that got stepped on



(2024-06-06)

The **Persecution** is
our Programming's
resistance to
our **Healing**.

Missions

(2025-01-25)

Self-Worth is one of the greatest **accomplishments** in **healing**. For, *from it*, you receive (and hold true) the love, care, gratitudes, and complements **from others**.



Your joy in life
isn't determined
by your wins,
but how you deal
with defeat



(2023-11-20)

We are all
vessels of healing
for one-another



(2023-10-04)

Don't abandon your the healing journey because the anxiety is too much, or the progress seems to not be manifesting.

To cut and run may give some resolve to the pain of transformation, but the journey to where you are will only have to repeat.

The immense pressure to quit means the breakthrough is at the door. In just a bit, you will get to open it and welcome the change you deserve.



(2023-11-30)

Being strong doesn't mean I don't feel anything; it means I keep going with what I am *feeling*.



(2024-12-26)

You don't realise you're not self-aware, until you become self-aware.

(2024-02-21)

For *some*, discipline is:
- going to the gym every day.
- saving money.
- attending university.

For *others*, discipline is:
- actually getting out of bed today.
- deciding to brush my teeth.
- eating something.
- learning to cry.

What may be **hard** to *others*, is not **hard** to *some*. But still hard.



(2025-01-24)

I used to do things by *myself* out of **loneliness**; now I do can do things by *myself* out of self-love.

(2023-10-21)

Let the emotions settle before trying to determine them.

You can't properly clean a room if the dust hasn't settled.

We just have to wait before we can fully explore and interpret what the emotions are. Even though, waiting can be the hardest thing we have to do.



(2023-07-10)

Part of having the ability to unconditionally love someone is not letting your value be tied up in their thoughts, beliefs, and feelings of you (whether true or not).

There lies a boundary where it's purposeful to care if what someone feels about you is true or not, without it changing how much you love them.



LET THE ANXIETY
REVEAL IN YOU
THE CHANGE
NEEDED TO MAKE
IT GO AWAY



(2024-04-21)

Doing it to be *Healthy*.

vs.

Doing it from a space of being *Healthy*.

CHRIS BADENHORST

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+27 72 331 6523 (WhatsApp)

Having an ingrained creativity—whether playing with wood blocks and Lego, or building forts and treehouses with my brothers, my childhood fascination with construction, or just drawing from my imagination—this became the direction for my career after completing High School. After a gap-year, looking at all my options at University, I chose Architecture. For me, the intertwining of my creative with my logical (and my perfectionism).

With my enrolment at the **University of Texas at Arlington**, I embraced all the creativity that the School of Architecture offered. Seeking out the professors that also embraced creativity, my world opened up to new ideas and new possibilities (some already buried inside me waiting to be nurtured and released)—not only in the classroom, but through art and travels. And then, after 4,5 years, concluding my studies with a **Bachelor of Science in Architecture**, I started my career.

1998 – 2001: My first job was with the new Dallas, TX offices of [Leo A Daly](#). Here I learned the ropes of the industry: of CAD (MicroStation), the architectural process (start-to-finish), collaboration, the lingo, management skills, responsibilities, building codes, co-worker comradery, and corporate (the good and the bad). But after almost three years, I was one of several that were retrenched.

2001 – 2012: From there, and with a need away from “corporate”, I began my long tenure with the small firm of [Richard Wright Architects](#). Here, I was able to hone my creativity, style, processing, and project management strengths. This firm also worked on a wide range of differing project types: residential, commercial, industrial, religious, and retail—all of which showed off my eclectic skills. My AutoCAD became very streamlined, and my adventure into SketchUp also began. My role involved all area as Project Designer and Project Manager. With a key retail client having stores in several States, I was exposed to different building codes (such as California, New York, and Florida), and enjoyed all aspects of these large interior builds, including the travel to these areas. But after a downsizing post-2008 economic crash, with me needing to also do contract-work, I was let go from the firm.

2012 – 2016: As the economy started returning, I joined the firm of [Benson Hlavaty Architects](#) (now *BHA / Studio*). This mid-sized Interior Design firm worked with several high-end clientèle and corporate entities. As Project Manager, I took projects from beginning to end—whether individually or as part of a larger team). The design process often including SketchUp modelling.

At these two latter firms, I took charge of many projects (large and small) from start-to-finish with client contact, planning / designing, complete Construction Documents, detailing, finish selections, meeting with the City, site visits, overseeing construction / contractors, and reviewing / approving shop-drawings, doing revisions, and travelling. Many done with little oversight.

But my Architecture career came to a conclusion as my life shifted to new beginnings—that of Outreach and Mission work into South Africa.

As such, with this change, I do not have project pages of my work while with BHA.

Following is an extensive list of projects and clientèle as well as selected projects (linked to pages):
Also available: [Complete Architecture Portfolio \(PDF / 28MB\)](#)

- **B&B Italia Furniture Gallery & Residence**

Italy – 7-Story Gallery / Showroom and Private Penthouse Carved Into a Hillside in the Town of Montepulciano in the Region of Tuscany, Italy (U.T.A. Architecture Program).

- **“Tree House” Residence**

TX – 2½-Story Residence with Elevated Viewing Deck on a Heavily Wooded Lot.

- **Merrill Lynch**
TX, GA, and AR – New Office Construction, Renovation, and Expansion.
- **Dallas Area Rapid Transit (DART)**
TX – Construction, Renovation, Expansion, Conceptual Studies of Various Transit Centers and Stations.
- **Dallas Fort Worth (DFW) International Airport**
TX – Automated People Mover (APM) and Terminal Station Renovation (TSR).
- **Crow Holdings / Trammell Crow**
TX – Upscale Interiors of their Main Offices and Parking Structures.
- **First Command (Formerly USPA & IRA)**
TX – 150,000sf Ground Up Office Complex, Bank, Training Center, and Workout Facility.
- **Neiman Marcus / Neiman Marcus Last Call / Horchow Finale**
TX, CA, FL, NY, and PA – Space Planning, Renovation, Expansion, and Fixture Design.
- **Texas Christian University**
TX – Athletic Master Plan and Baseball Complex (Stadium).
- **O'Rourke Petroleum**
TX – 108,000sf Warehouse, Petroleum Tank Storage, and Office Facility.
- **GAF/ELK Research & Development Laboratory/Technology Center**
TX – Design Competition of a Laboratory and Technology Center (unbuilt).
- **Westchester Community Church**
TX – Multi-Phase Church Campus with Phase 1 Worship Center (unbuilt).
- **Swearingen Realty Group**
TX – Interior Office Finish-Out.
- **Havana Social Club**
TX – Cigar and Rum Lounge.
- **United Way of Grayson County**
TX – Office Building / Community Center (unbuilt) and Office Building.
- **Colo4 Data Center**
TX – Data Colocation Facility with Offices, N.O.C., Customer Center, and Lobby.
- **Richard Hayler Colour Salon**
TX – Upscale Salon.
- **Red River Historical Museum**
TX – Lobby and Elevator Addition with Accessibility Renovations to a Historical Building.
- **Silverleaf Resorts**
TX – Interior Finish-Out of their 32,000sf Headquarters.

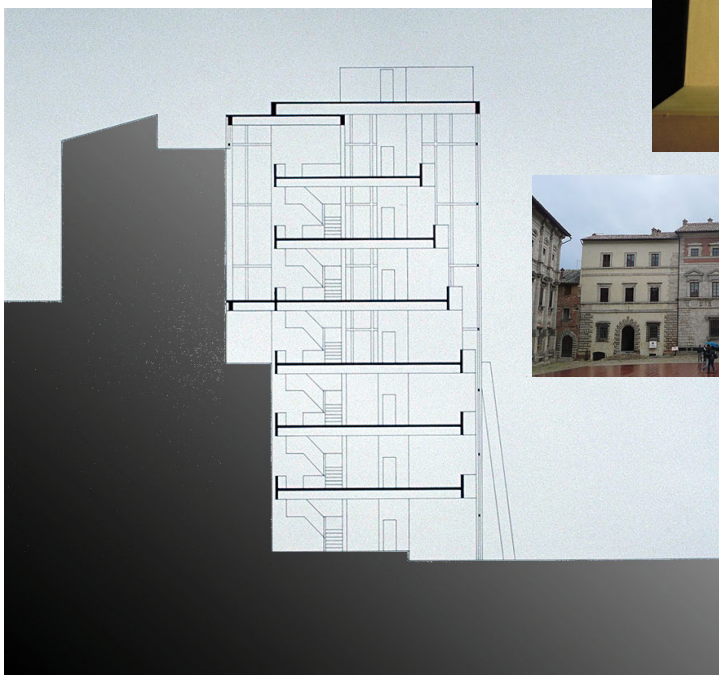
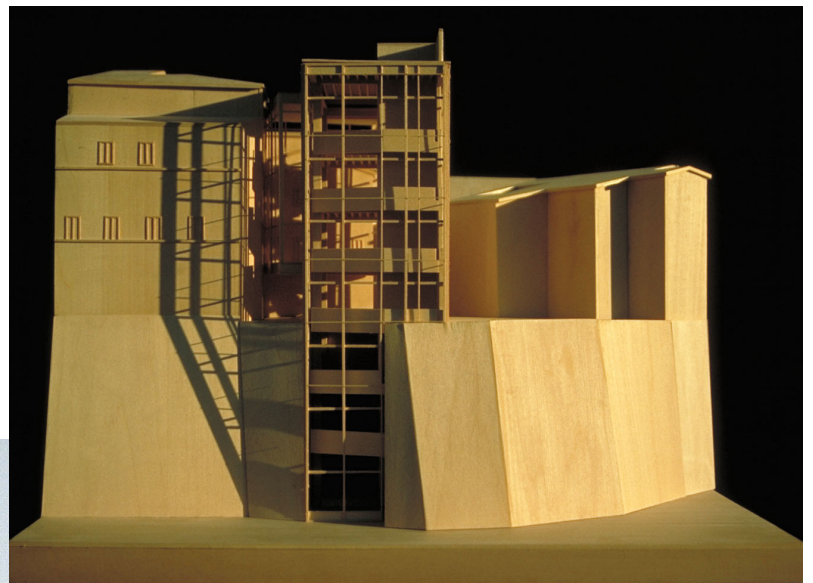
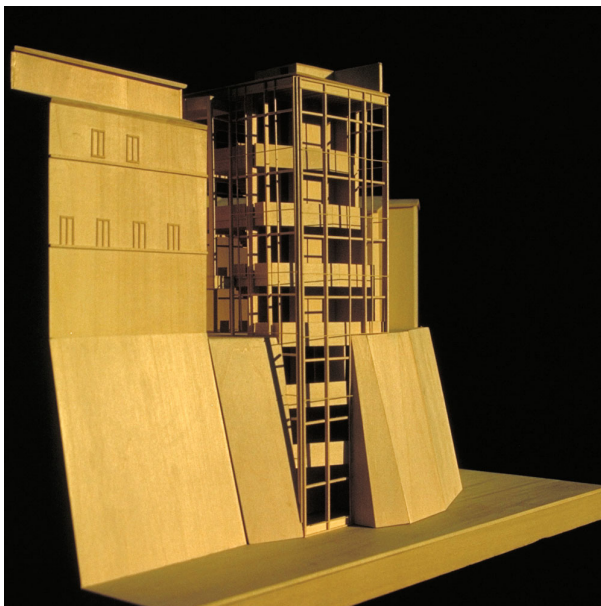
- **ADS Sports Eyewear Retail and Residence**
TX - Adaptive Re-Use of a 1913 Zero-Lot Masonry Building into a Retail Space, Multi-Family Residence, and a Private Rooftop Penthouse Addition (unbuilt).
- **Home Hospice of Grayson County**
TX – Office Building Addition with Landscaped Courtyard.
- **Mixed-Use Development**
TX – Conceptual Master Planning of a Mixed-Use Development (unbuilt).
- **Billiard Den**
TX – Renovation and Adaption of a Restaurant/Bar into a Billiard Restaurant/Bar.
- **Poppy's Pizza**
TX – Italian Restaurant and Pizzeria.
- **Texas Instruments**
TX – Egress and Life Safety Renovations.
- **Greyhound Headquarters**
TX – 100,000sf Interior Finish-Out.
- **Alcon**
TX – Office Renovations and Laboratory/Research Addition.
- **Samson**
CO – 55,000 sf Interior Finish-Out.
- **Lockheed Martin**
TX – Office Renovation and Replacement of an Existing Foundation.
- **AT&T Wireless**
TX – Various Retail Stores.
- **Ranch House**
TX – 1-Story Residence with Covered Porches/Breezeway and Separate Guest Quarters.
- **St. Philips Neighborhood Development Corp.**
TX – Low Income Housing Projects Including a Multi-Family Town Home (unbuilt), an Elderly-Living Center (unbuilt), 2-Unit Town Home, and Accessible Residence.
- **Fish & Richardson**
TX – 52,000 sf Interior Finish-Out.
- **Maple Terrace**
TX – Design Competition of a Hotel Addition to an Existing Multi-Family Mid-Rise.
- **Watson & Wyatt**
TX – 3-Floor Office Relocation Concept in a Downtown Dallas Skyscraper (unbuilt).

B&B Italia Furniture Gallery & Residence Montepulciano in Tuscany, Italy

The town of Montepulciano sits atop a hill in the Tuscany region of Italy. The site, located on the eastern side of the hill, created a challenging design which incorporated a main Gallery entry at the top of the property (on Via Talosa Street through an existing building) and a private/delivery entry at the bottom of the property (on Via di Cagnano Street through an existing retaining wall). The Gallery space consists of two levels; entering on the second level from the street with additional showroom space at the garden level below. Carved within the hilltop, below the showroom, are two levels of storage space with the loading dock at street level. Above the gallery space are an entertaining/office level and private penthouse at the top. The glass curtain wall allows uninterrupted views of the valley below as the floors cascade back, following the contour of the retaining wall. An open stairway and freight elevator connect all seven floors.

U.T.A. Architecture Program

Responsibility: Design, Drawing, and Model Building.
(Google Maps photo credits: Hilary Faye and Honza)
(Guest Jurors Jennifer Smink and Autumn Smink)

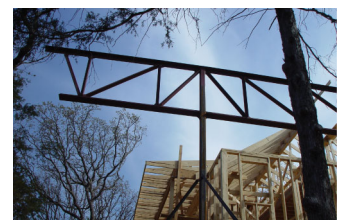
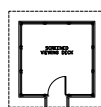
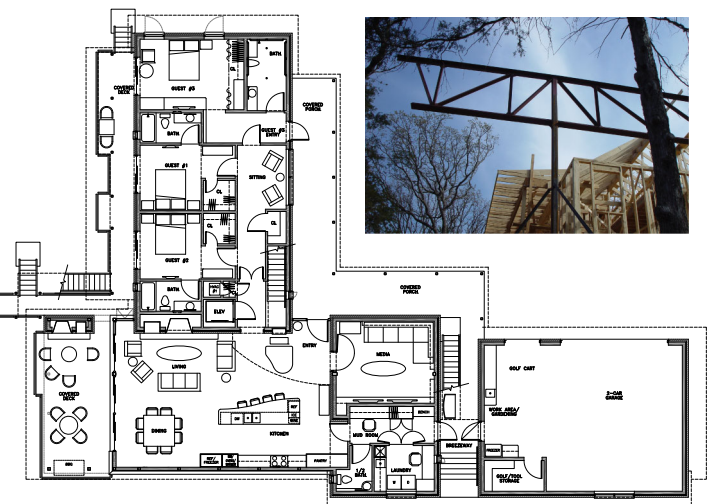
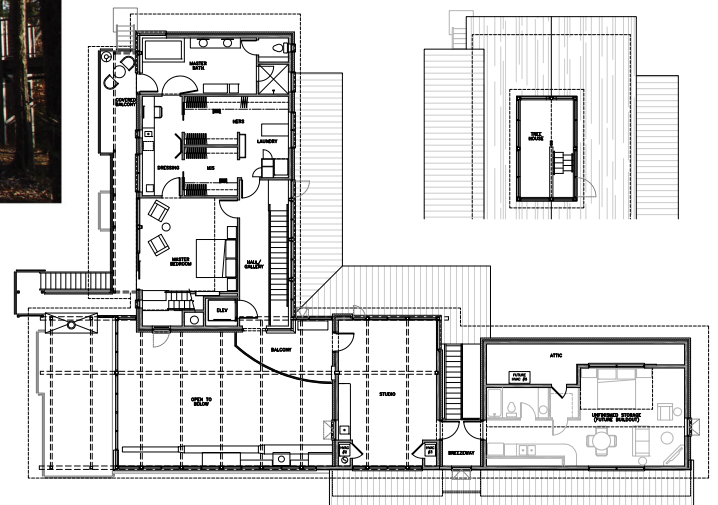
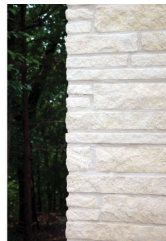


“Tree House” Residence at Lake Texoma **Rock Creek Resort - Gordonville, Texas**

A sloped, heavily wooded lot with mature trees overlooking Corp-Property at Lake Texoma, the site afforded several unique opportunities. An arborist was brought in to clear the site of underbrush while identifying numerous large trees to be saved. Subsequently, a 2½-story residence was designed affording views west through the trees from the guest rooms, the upstairs master retreat, and the double-volume great room with full-height window. All these rooms have access to the rear upper and lower decks which lead out to an elevated viewing deck that extends out into the canopy of the trees. A private “Tree House” sits atop the master suite allowing the owners a secluded retreat with 360 degree views. An accentuated structural steel truss extends from the great room into a second-floor studio that also has private access via stairs in the breezeway. The residence is wheelchair-accessible, including the second floor via an elevator and the viewing deck.

Richard Wright Architects

Responsibility: Client Contact, Space-Planning, 3D Modeling, Design, Detailing,
 Construction Documentation, Construction Administration, and Field Work

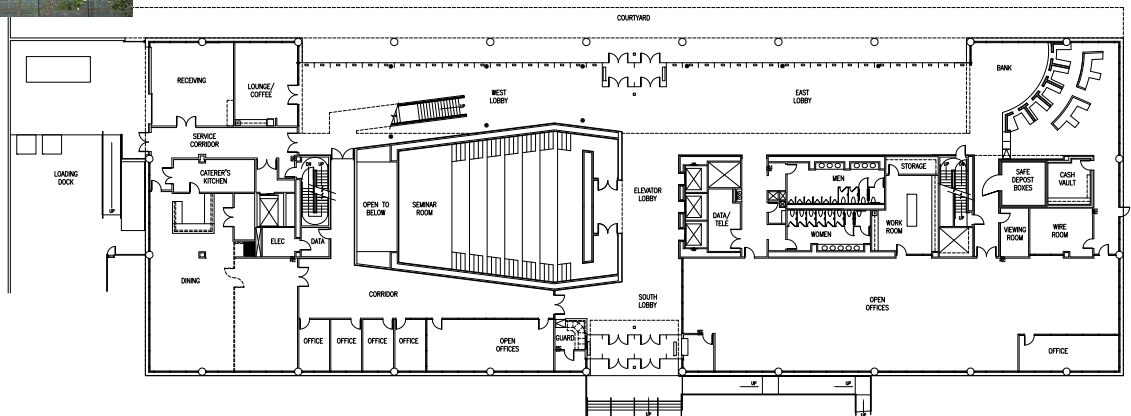
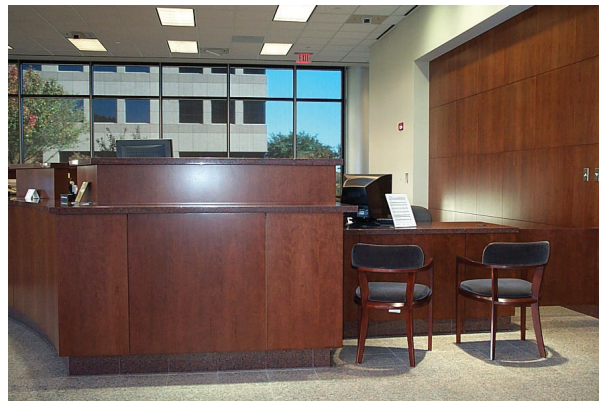
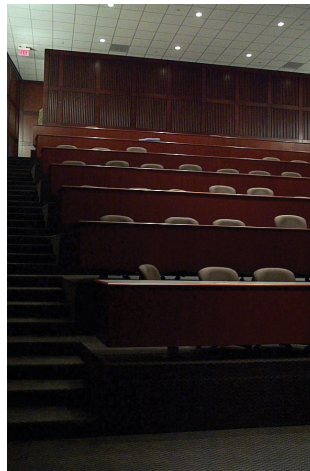


First Command (formerly USPA & IRA) Fort Worth, Texas

Following a Master Plan and the completion of a parking garage done earlier by the firm, this 150,000 s.f. addition to the First Command campus completed the enclosure of a central courtyard. The four-story building, plus a basement level, incorporated their main Banking Facility, tiered Seminar Room, Breakout Rooms, upper floor open offices, and a basement level Workout Facility with Locker Rooms. A light well provided natural light into the basement. Detailed wood panels systems added richness to the extensive use of flamed and polished Texas granite which provided a uniformity to the existing buildings throughout the Master Plan which incorporated the same material. The two-story lobby with a floor to ceiling glass wall system provided north views to the courtyard where company-wide events would occur throughout the year.

Leo A Daly

Responsibility: Design, Space Planning, and Code Research



Baca / Breedlove Residence Dallas, Texas

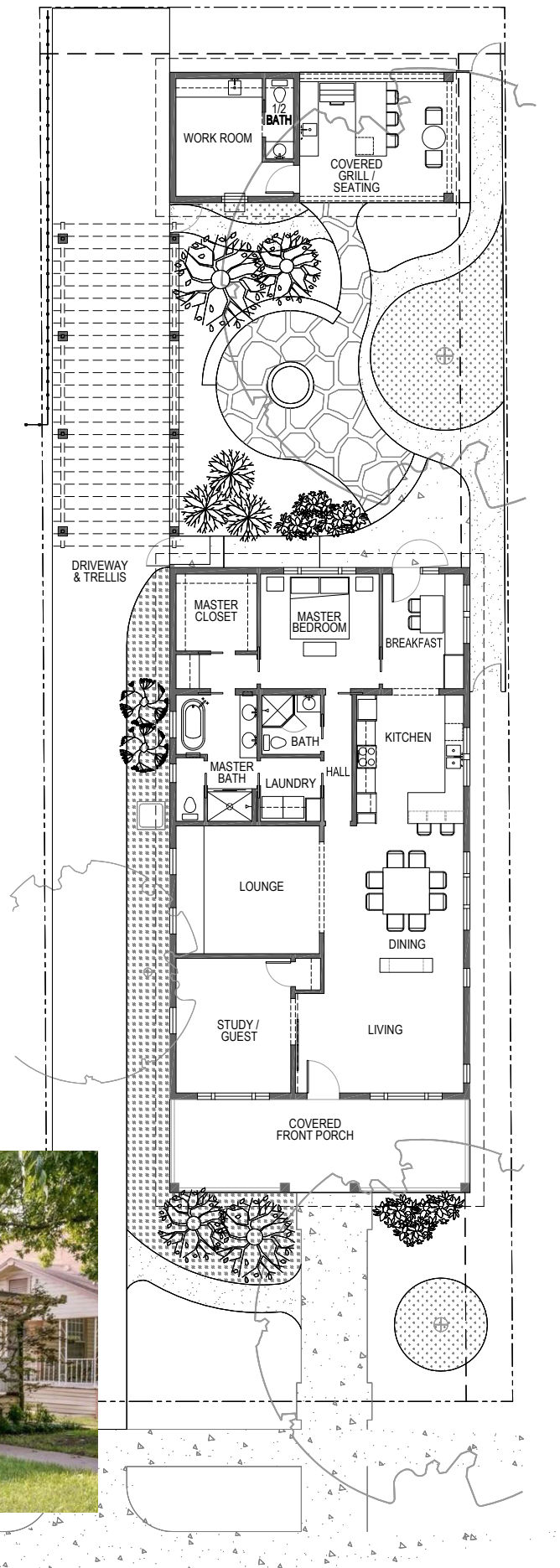
Upon falling in love with its look & feel (built in the 1910's), the owners (Elena Baca & Bill Breedlove) set out to renovate & upgrade the house & property to better fit their desires. Seeking out an Architect / Designer (Richard Wright Architects / Chris Badenhorst), they started looking at ways to best create the changes they wanted. Over the course of many years, the focus became clear & they proceeded with an extensive repair & expansion-- resulting in the house you see here--all within the Planned Development & Dallas Historical Commission guidelines.

Upon hiring the General Contractor (Brian Gream), work proceeded with gutting the interior of the house almost completely, removing an old rear sunroom, pulling up the flooring, & taking down the non-conforming detached garage with driveway. He took special care in detailing the house to match the original design & to maintain the period look.

The old house was structurally repaired & a new addition to the back of the house was added. This addition allowed for a new & enlarged Master Suite & Kitchen Area. Some existing elements of the house were salvaged to be incorporated into the new design--this included resurfacing the old cast iron tub, re-using the doors (making them into pocket doors), & creating a new dining table from the salvaged old-growth pine floor boards.

All new contrasting & complimentary interior finishes were selected by the owner--such as the hexagonal stone tile flooring, glass & stainless steel tiles, cabinets & hardware, gas fireplace, appliances, countertops, & wood flooring.

Additionally, a new Workroom & Covered BBQ Area was added to the rear of the property. This became an extension of the rear-facing Kitchen & Breakfast Room in the house. Between the two buildings, the rear yard was designed & landscaped to be a retreat for the owners, screened for privacy with a beautiful natural wood on one side & a wall (with partial trellis) on the other side, finished to match the house & workroom. The large Pecan tree shades the back yard & seating area around the gas fire pit. A glass canopy over the rear door of the house provides protection from the elements, yet does not detract from the look of the house.



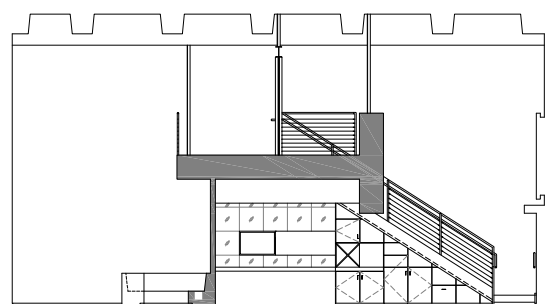
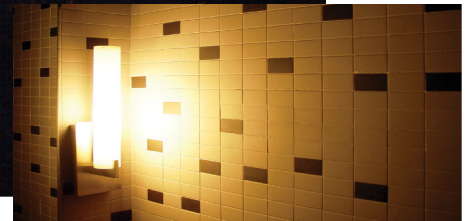
Havana Social Club - Cigar and Rum Lounge

Dallas, Texas

Designed in collaboration with Brian Hendryx of CMH Architects, the lounge is located in the main entry plaza leading into the American Airlines Center. Thorough and extensive meetings with City Officials and the Landlord ensured compliance with the local codes and smoking ordinances. Taking advantage of the abundant floor-to-floor height, a mezzanine is incorporated into the design which affords views out into the plaza and the exterior video walls. The raw concrete structure is integrated into design aesthetics, accentuated by warm wood, leather, and tile finishes.

Richard Wright Architects

Responsibility: Client and Landlord Contact, Code Research, Design, Detailing, Finish Selections, Construction Documentation, Construction Administration, and Field Work

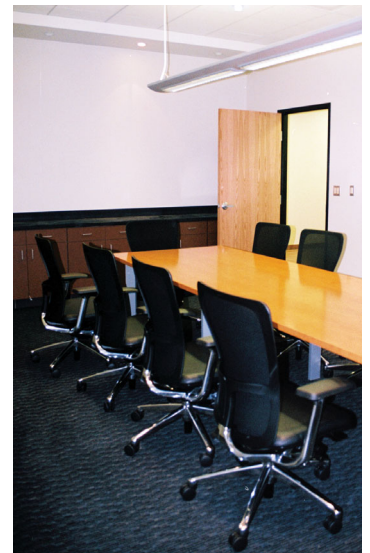
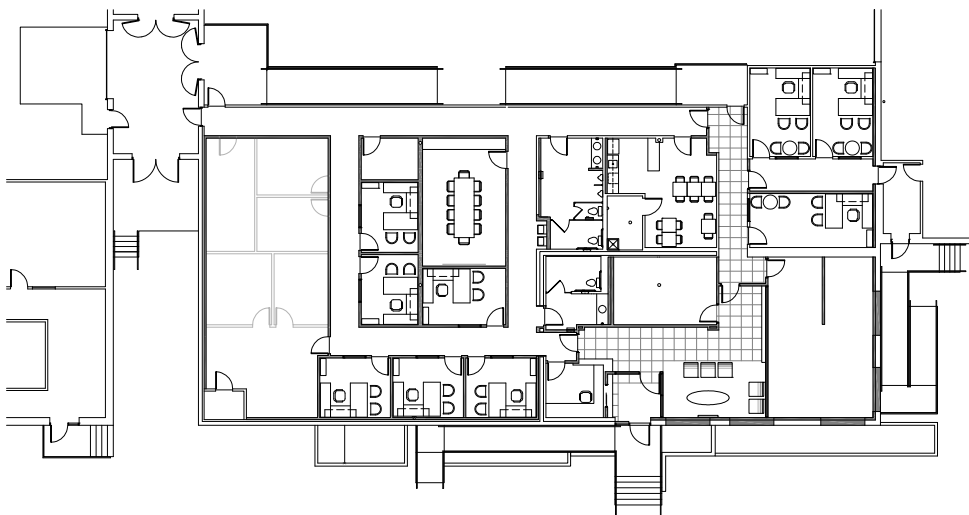
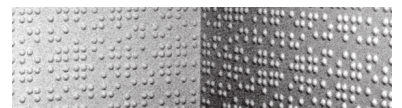
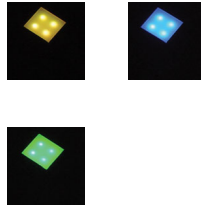


Colo4 Data Center Dallas, Texas

Multi-Phase planning of a Colocation Data Center with a Power Room and Emergency Generators. The adjacent office area included a controlled-access Visitor Lobby, Customer Center, N.O.C., and Conference Room. Attention was given to the finishes with color-changing LED-lit tiles and textured walls in the Lobby as well as patterned tile walls and flooring in the Restrooms.

Richard Wright Architects

Responsibility: Project Management, Client Contact, Code Research, Space-Planning, Design, Finish Selection, Construction Documentation, Construction Administration, and Field Work



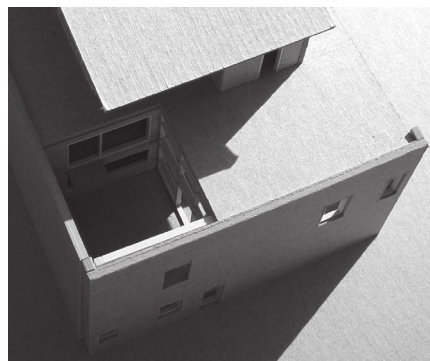
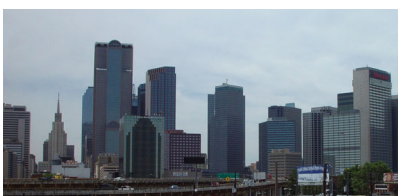
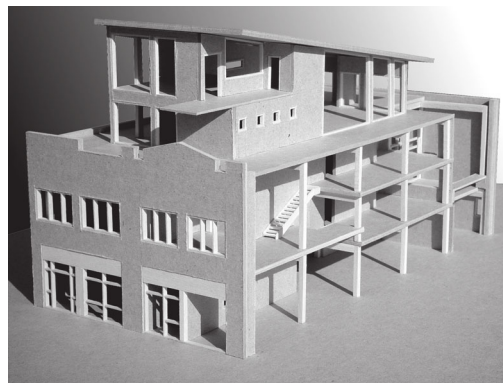
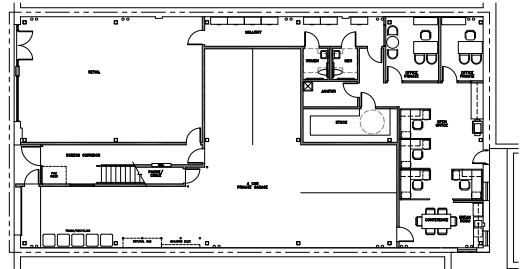
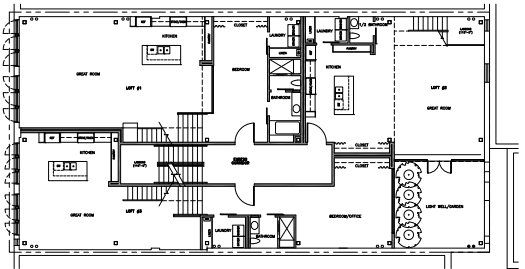
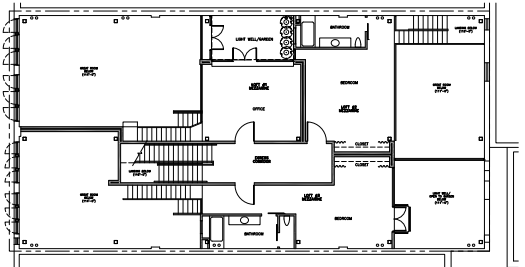
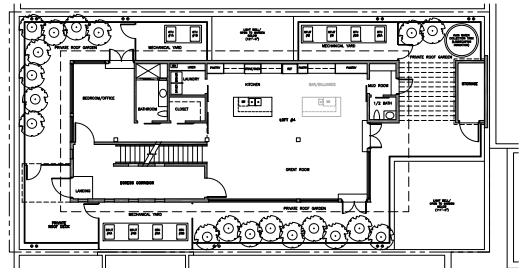
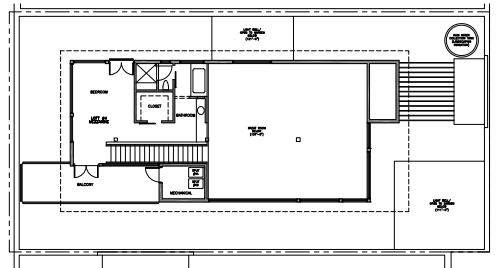
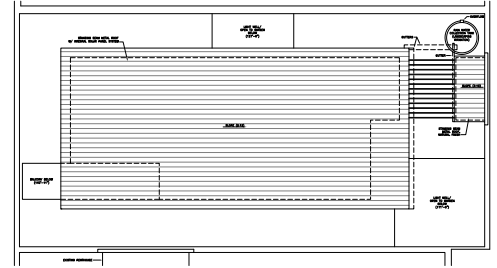
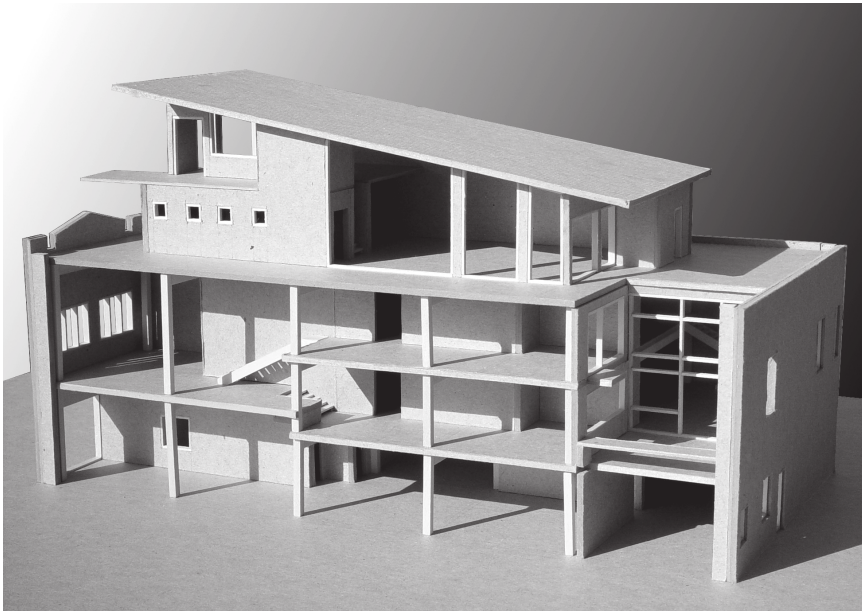
ADS Sports Eyewear Retail and Residences (Unbuilt)

Dallas, Texas

Adaptive re-use of a 1913 zero-lot masonry building into a retail space, multi-family residence, and a private rooftop penthouse addition. Site restrictions limited egress to only the street-front. This facilitated a creative, central fire-rated stairway providing two means of egress from each unit—at the main level and their mezzanines. The first floor incorporated a retail storefront and private in-building parking. The rooftop penthouse also has an internal mezzanine with access to a cantilevered viewing platform, affording views to the street and the downtown skyline. Sustainable features include a grass roof atop the existing building, a solar power penthouse roof, a water-collection system, and shared courtyards allowing each unit to have natural light and cross-ventilation.

Richard Wright Architects

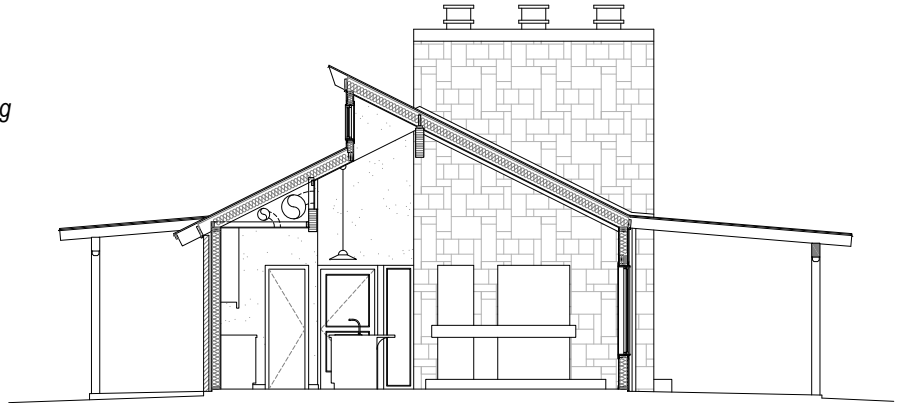
Responsibility: Client Contact, Code Research, Space-Planning, and Design
(model built under contract by Douglas Cartmel)



Ranch House

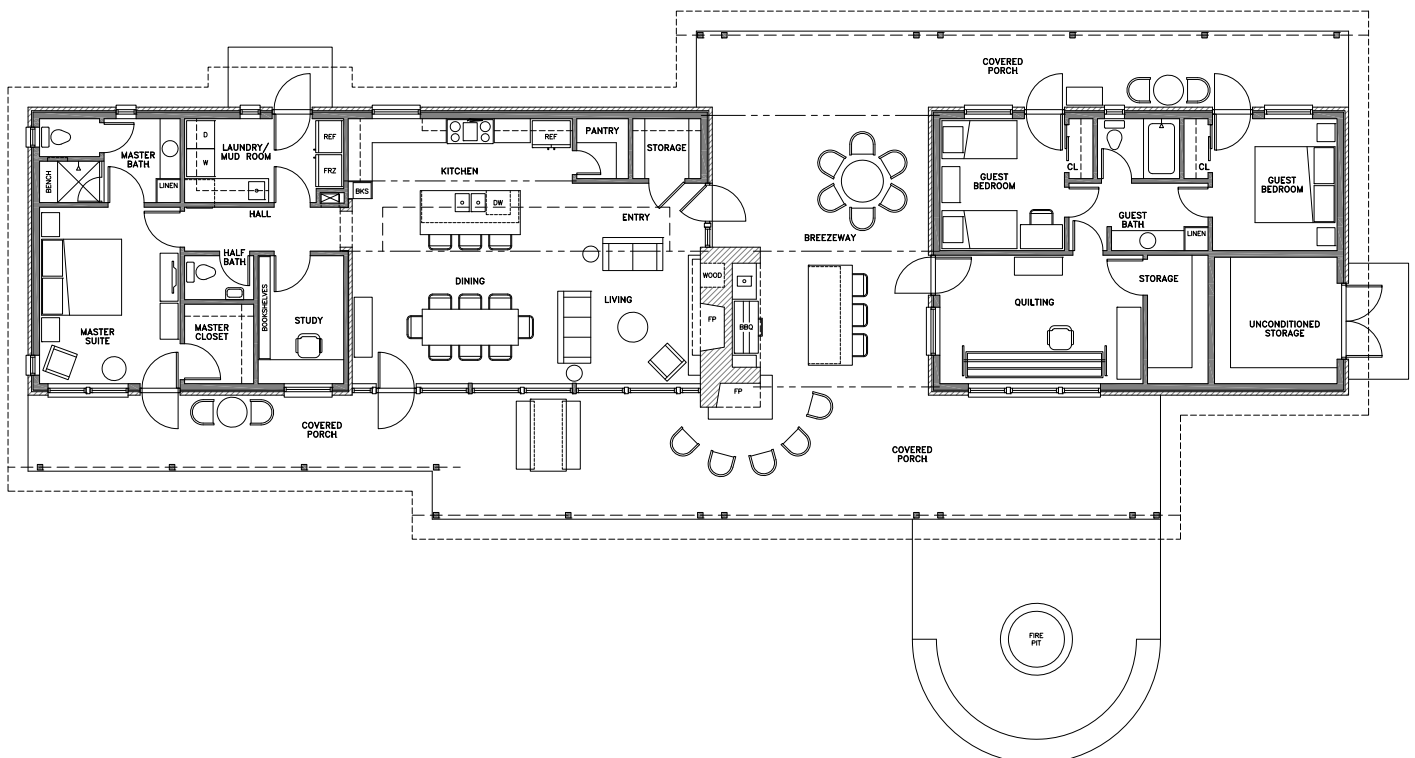
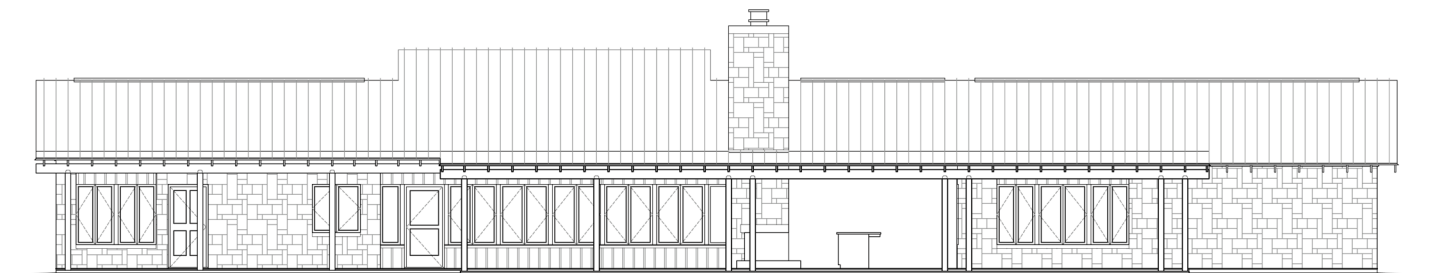
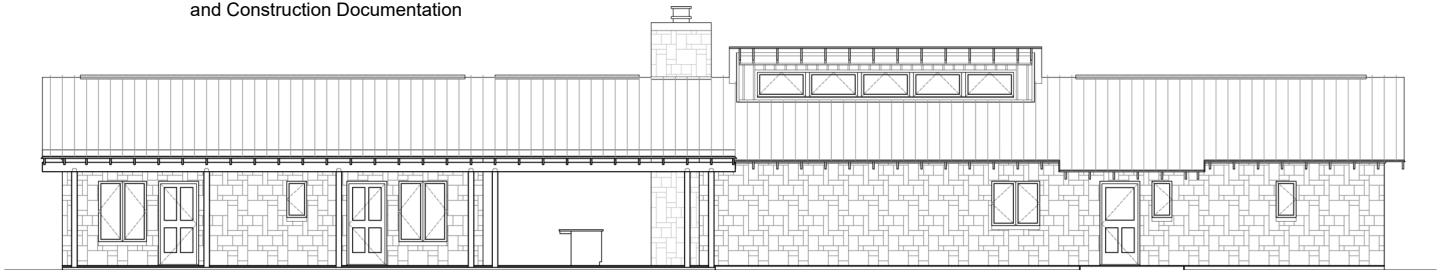
Menard County, Texas

A beautiful expanse of property with cedar trees and rolling hills, the living spaces were positioned to take full advantage of the views. A vaulted ceiling in the great room brought in east light through the clerestory windows. These openable windows supplemented a whole-house fan that would draw air through the house and out the gabled ends. Deep porches allowed for outdoor entertaining centered around a breezeway dividing the main house from the guest wing. A fire pit offers a place to relax in the evening while watching the sun set.



Richard Wright Architects

Responsibility: Space-Planning, Design, Code Research, and Construction Documentation



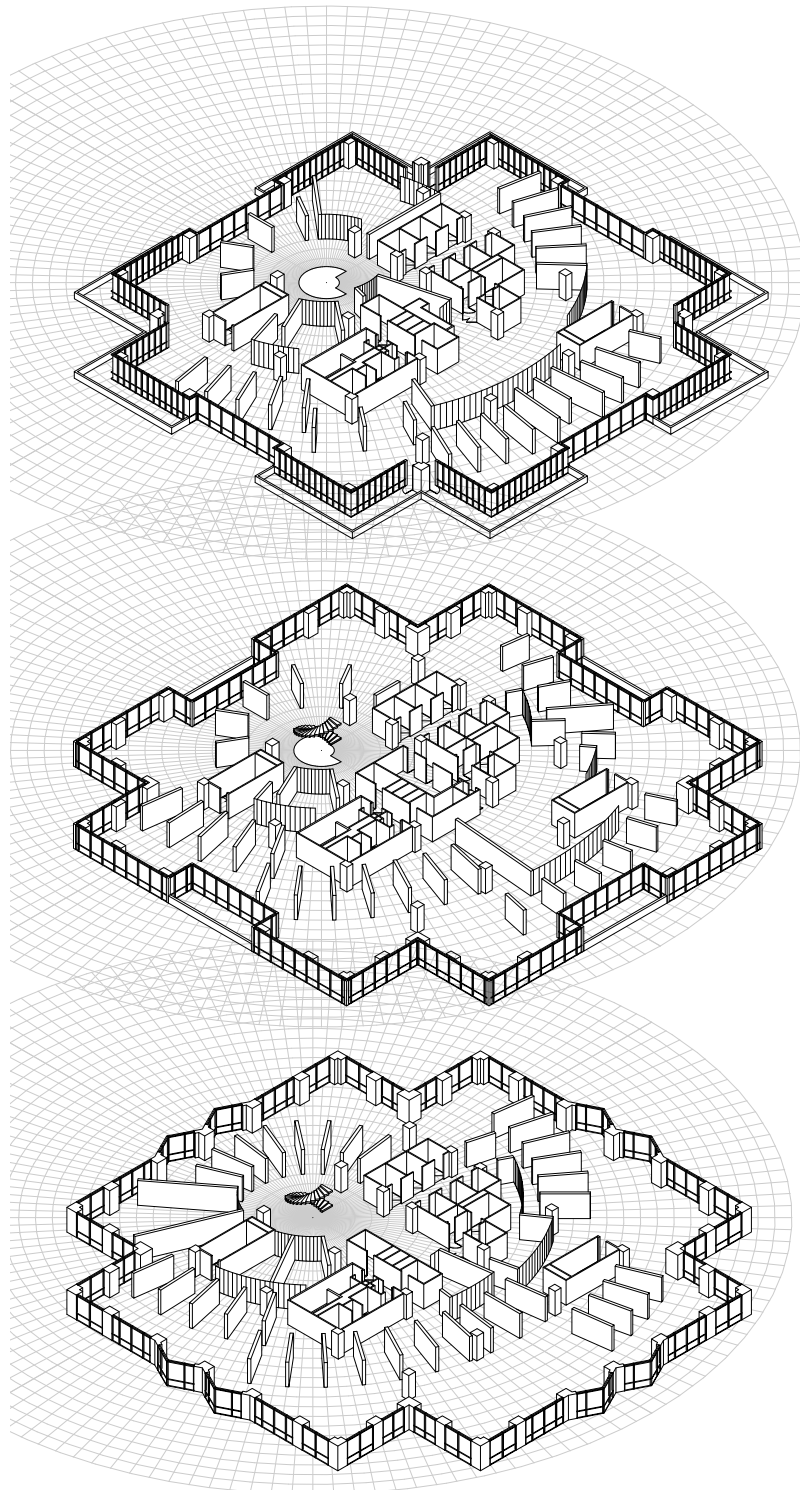
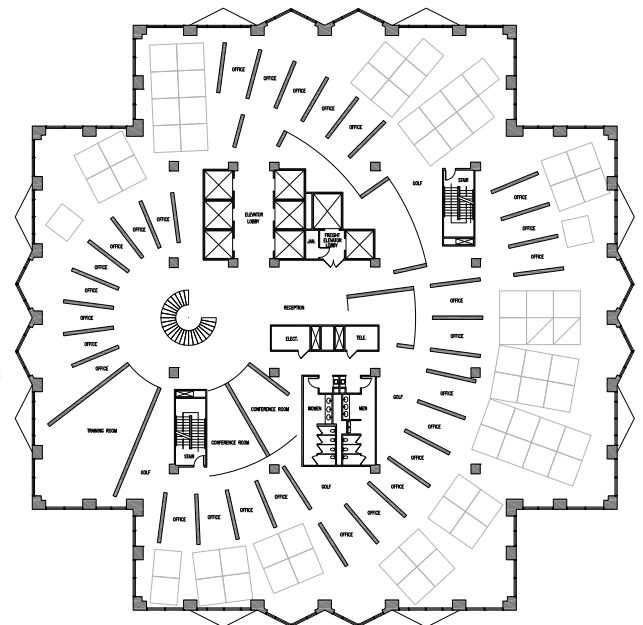
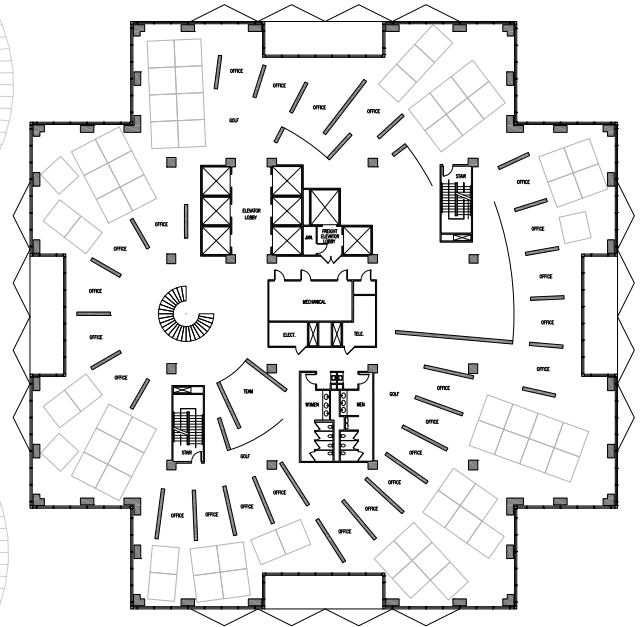
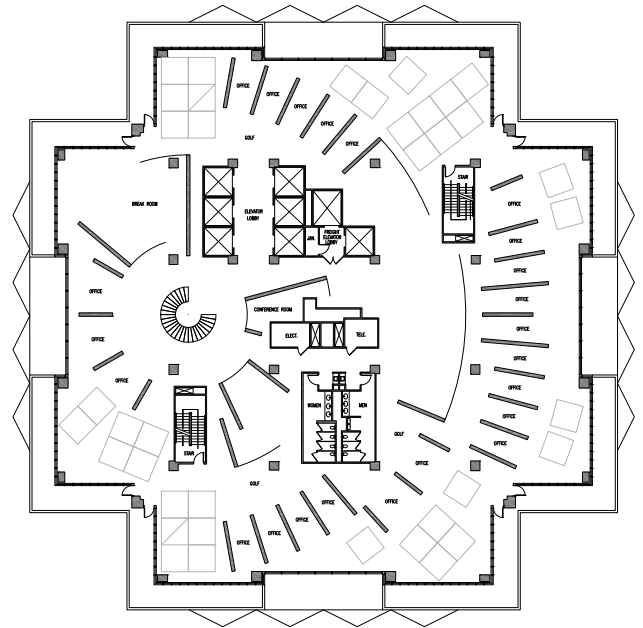
Watson Wyatt Worldwide (Unbuilt)

Dallas, Texas

The clients, not wanting a cookie-cutter grid of offices and cubicles, requested an innovative design concept. Connecting three floors of a high-rise tower, the existing circular stair became a central design feature with wall segments radiating out from the stair forming curvilinear groups of enclosed offices, cubicle areas, conference rooms, and circulation paths. Care was given to their arrangements, allowing views out to the perimeter windows. Additionally, as the clients were avid golfers, the design incorporated an 18-hole putting course.

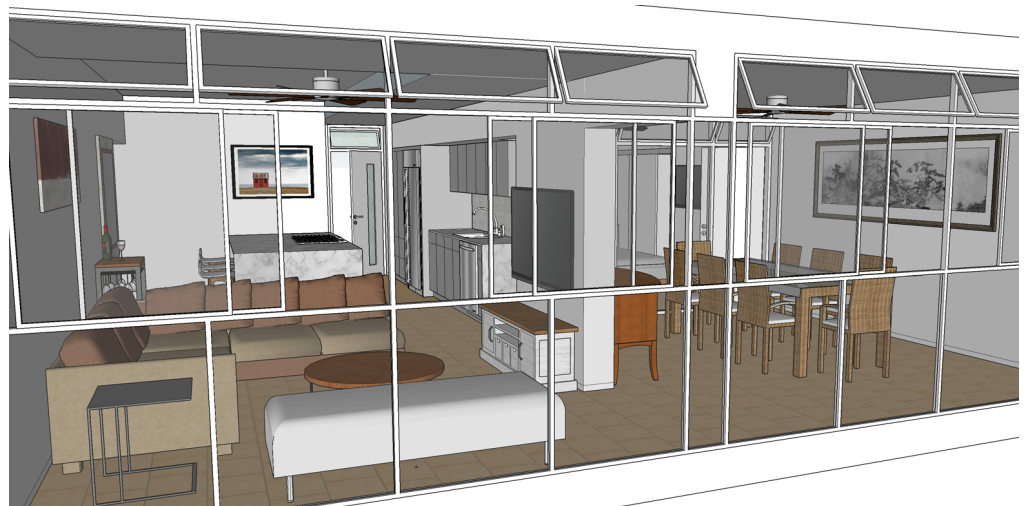
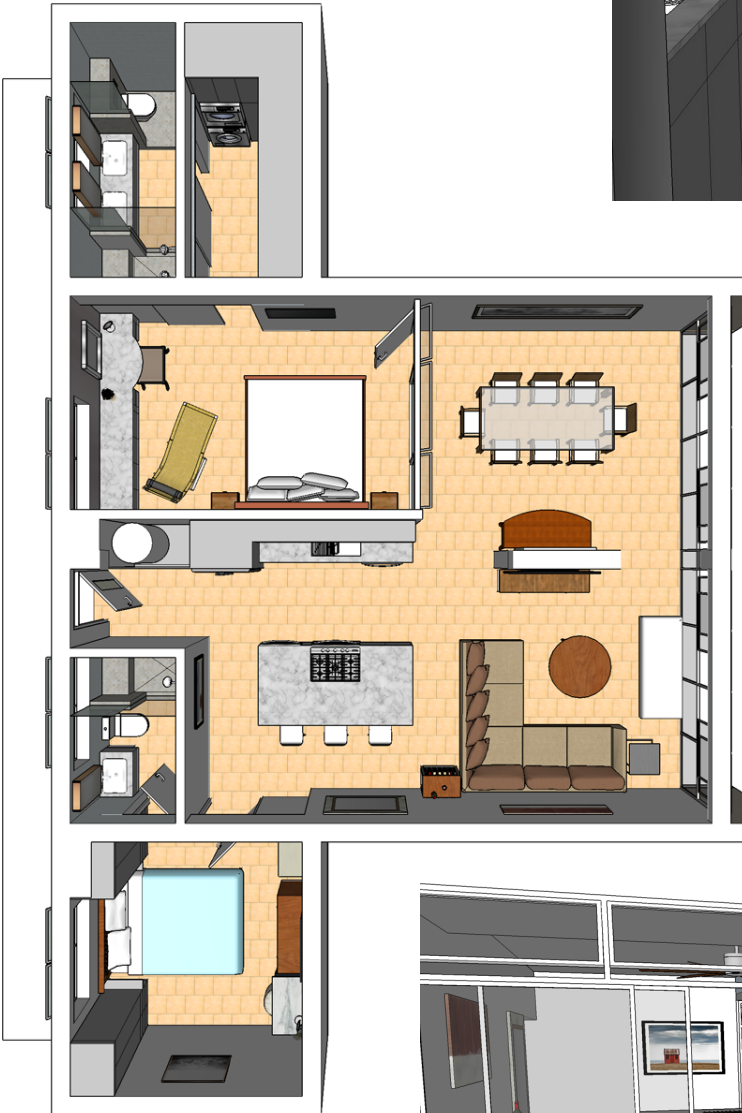
Leo A Daly

Responsibility: Design and Space-Planning



Ocean-View Flat Strand, Cape Town, South Africa

Having been out of the Architecture field for over a year, I saw an opportunity to scratch the "design itch" while living in a rental flat (apartment) after the ministry-move to South Africa. The flat had un-charming 1970's-era layouts and finishes, which I could not resist seeing the possibilities within if fully re-designed. The focus being the straight-on views of False Bay which "turned" the layout to take advantage. Thus, as more of a hobby exercise (not asked of by the owners), I modelled that new concept in Sketchup that the owners loved and hoped to have implemented. This many years later, I do not know if this design has come to fruition.



CHRIS BADENHORST

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It was during my time in University studying Architecture that photography took hold in me. Though I did not take any photography courses, it came natural to me. This was a time too early to have explored the digital medium, and film cameras (35mm for me) was the route I took (although without the darkroom self-processing experience).

Inanimate objects (both of nature and the created) have been something fascinating to me; likewise for other aspects of nature (non-human).

Even from a young age, shapes, textures, colours, patterns, contrasts, spatialities, angles, forms, and details (exposed or concealed) have been taken in by my mind and other senses.

As my eyes captured each of these moments, they became visual memories and experiences.

These internal images could now be captured externally—though not in a full sensoric experience (as I experience it), it is, in a way, something that allows others to see what I see. And each of these select photographs reflect so many variations of this.

All having a story that can be told... the telling of moments, experiences, memories, travels, and seasons of life—one's you can even ask about.

This part of my life is as an open portfolio with selected photographs following.

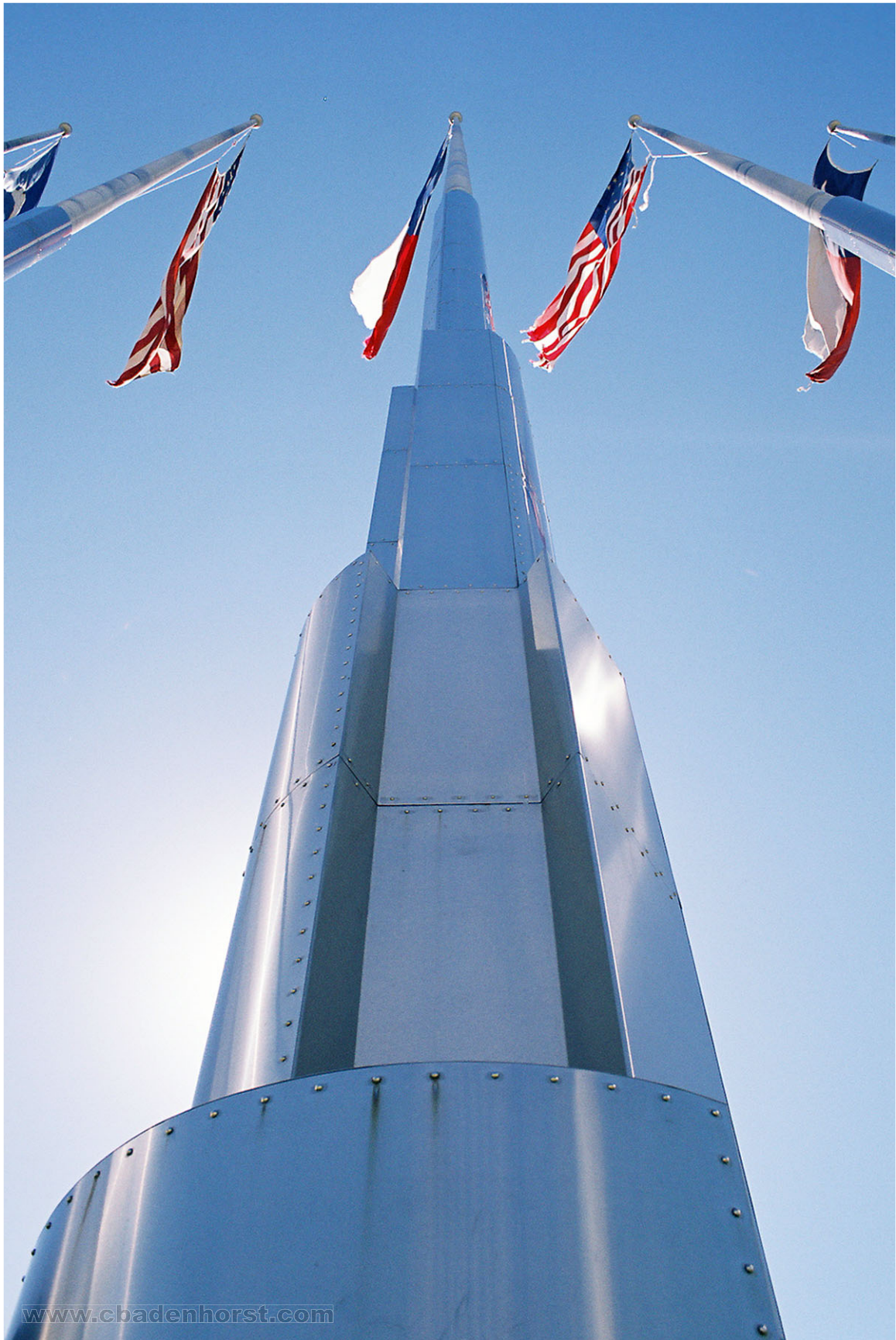
All photos are digitised 35mm film.



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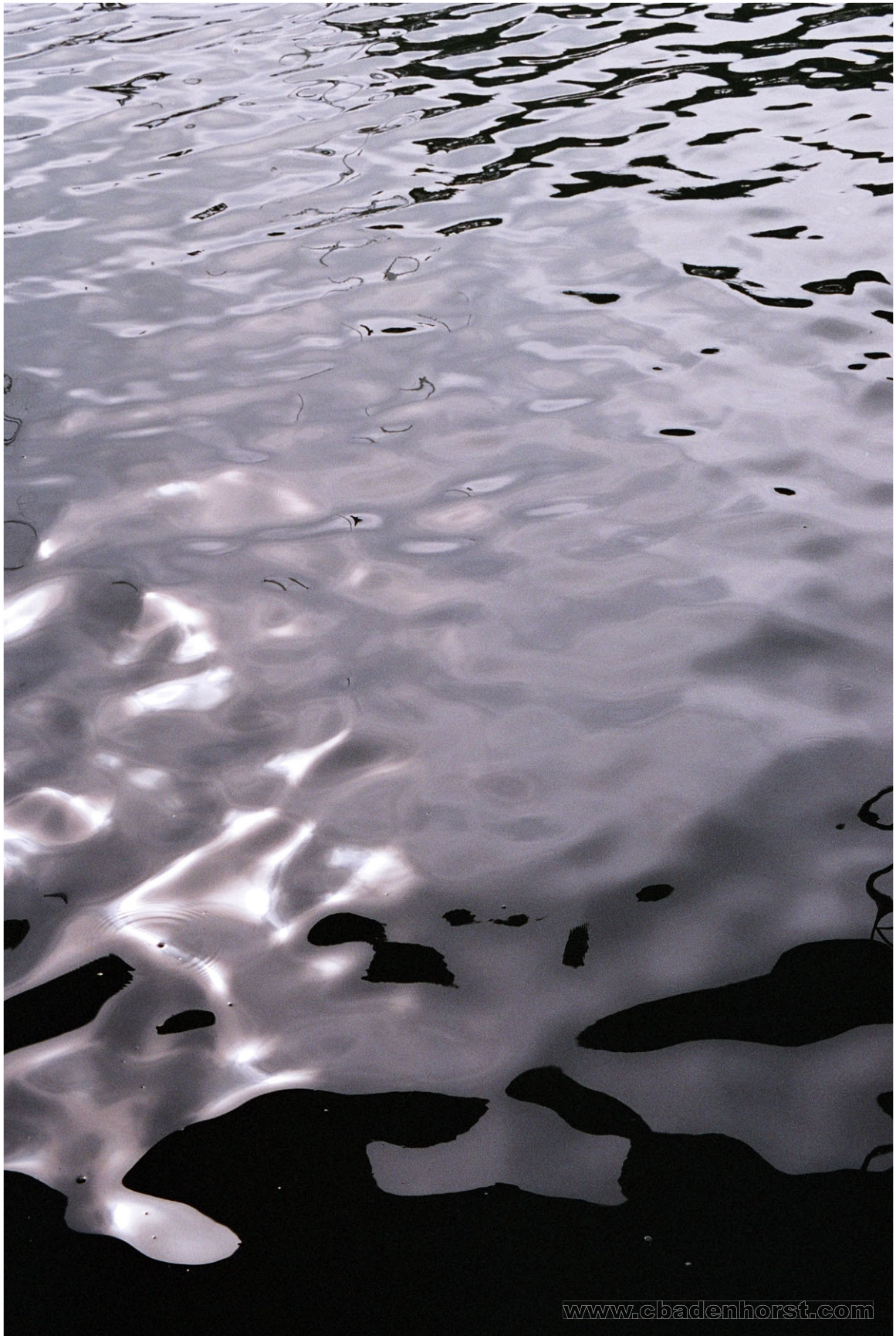


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Drawing has been in my being from those early years holding a pencil. Whether I was trying to draw a car, or making a cartoon, my imagination shined.

When in High School, art class (and a nurturing art teacher) cultivated this in me. Exploring differing art forms, I stuck with my favourite medium of pencil and charcoal (reflected in still-life).

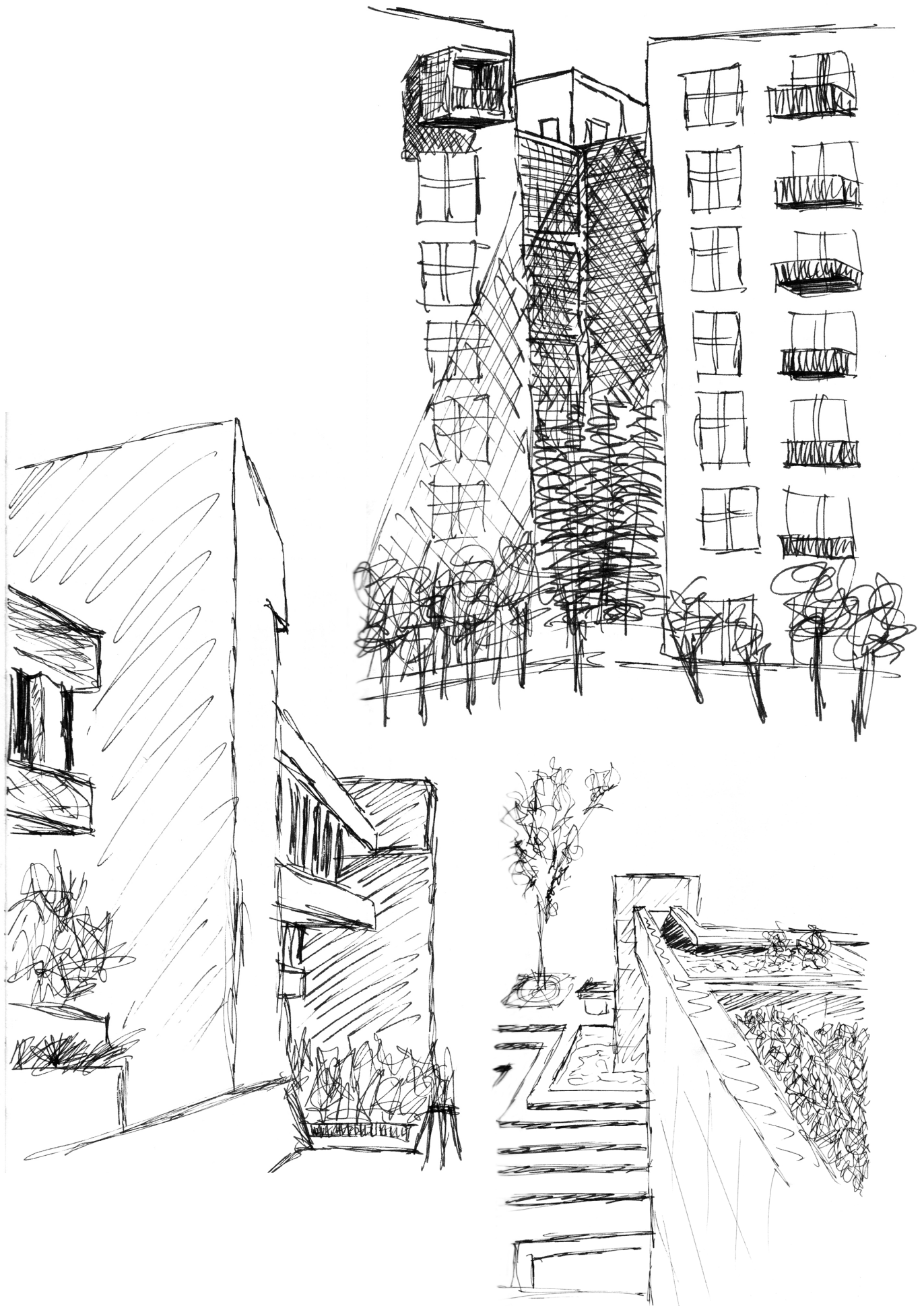
This developed further in Architecture School with ink (sketches and draughting), pastels, and paints.

For me, Art & Design is inseparable in Architecture (the merging / play / dance that is Art & Architecture). The loft space I lived in (which was showcased by the landlord) reflected that—in the layout, the original mid-century modern, the vintage, and the natural materials (brick / steel / wood).

In recent years, I have explored more into abstract painting. But even to this day, I'll pull out the art binder and sketch the nature or environment I am in—with pencil, charcoal, and ink.

My Design creative also comes out in other forms—in furniture design, the Minecraft builds I do, or even in the documents and forms I create.

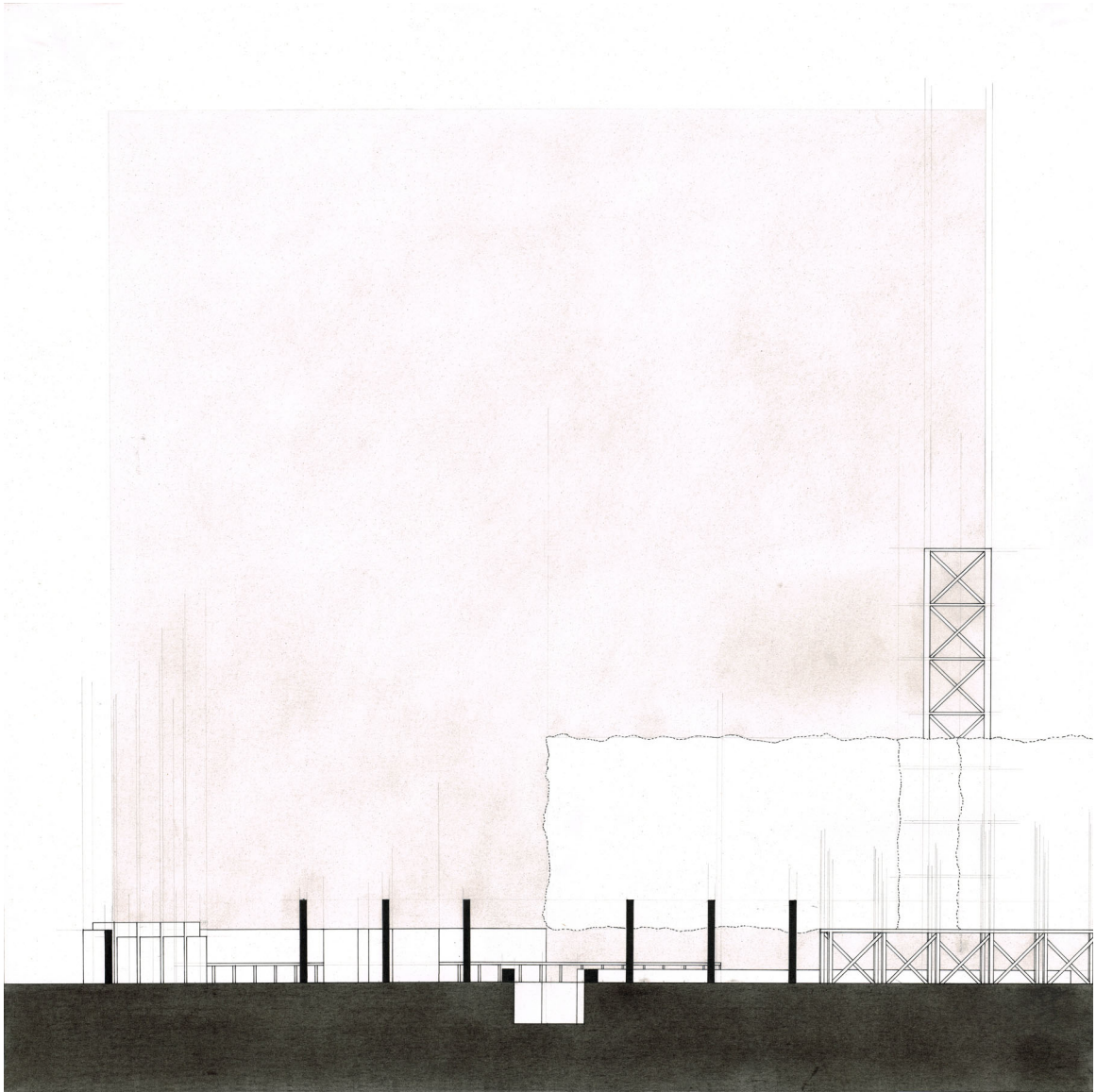
So much of my life itself (and what I do in it) are expressions of my own creative and my own life-story (in my own unique way).





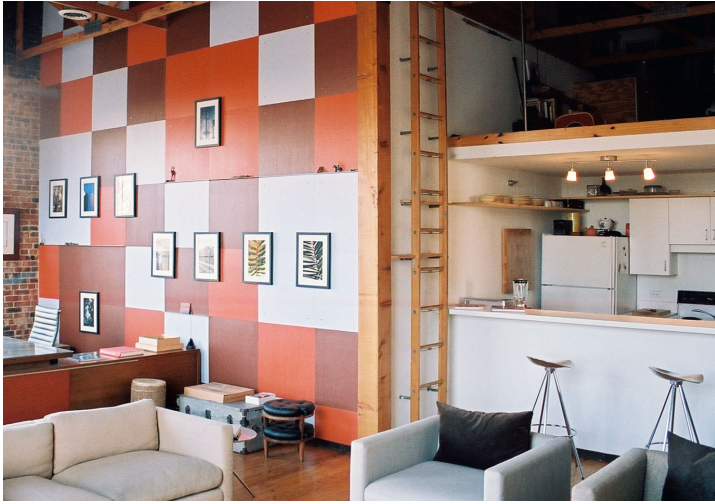












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