

BIBLE STUDY SERIES:

TRUSTING THE FATHER

**TABERNACLE:
BODY**

Chris Badenhorst

TABERNACLE: BODY

INTENTION:

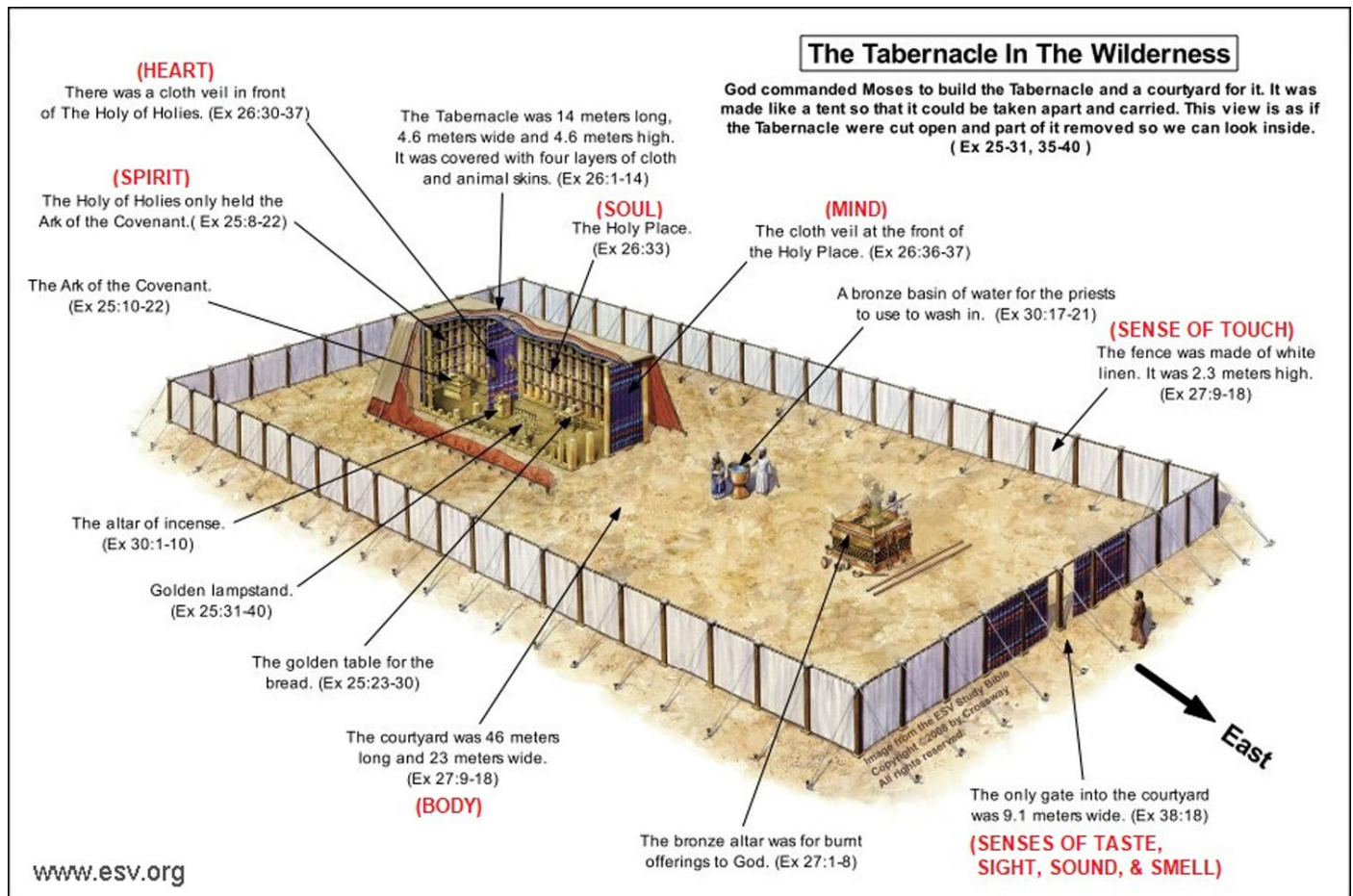
We want to discover what our body is in relation to being the “Temple of the Holy Spirit”.

Often, we feel that our existence is just being a “body” on this earth; but it is more than that, housing our Mind, Soul, Heart, and Spirit. Yet this body we exist in is only temporary—so even if it is suffering in this world, we can have joy that we will get a brand new one. However, let us not forget the power and authority we still have in this world to guide, shape, and heal our bodies.

TABERNACLE: BODY

Bible Study: Lesson 013 (Tabernacle, Part 2)

I. TOPIC (PART 2 – BODY):



In the continuation of our series “Tabernacle: Body, Mind, Soul, Heart, Spirit” we want to focus on Body.

It is our body that engages with the world around us through our 5 senses. The gate into the Tabernacle has four openings, one for each sense that enters our bodies: taste, smell, hear, and see. The fence of the Tabernacle is the 5th sense of touch. Everything around us goes through one or more of those senses, into our bodies, and then through our mind, engaging with our soul. Our body is also where sin dwells.

This connection trains us to start believing the physical world around us over the Spiritual world. Our “flesh” is that part of our body and mind that agree with the “reality” of the world over the Truth of God.

It is this connection of the body to the ways of this world that creates conflict in us (in our soul); but we need to understand and make clear to ourselves, that this body and these desires of the flesh have already been defeated by Christ in you—our sins of the flesh and body are perpetually and forever forgiven at the Cross almost 2000 years ago.

When we are Born-Again, our body is made a Holy Temple of the Lord, and nothing can undo that Holiness—no sin of the body (or flesh remnant) can take away this Holiness. For this maintaining of Holiness is done by Christ Jesus through the alter of fire and basin of water in the courtyard. The Lord does not destroy us when sin occurs; instead, He goes about removing the defilement that happens in our bodies.

Christ Jesus baptises us with the Holy Ghost and Fire. This fire is what we sacrifice on. The same sacrificial alter that was in the fenced area (courtyard) of the Tabernacle. And the internal pain we sometimes feel is that fire engulfing that which does not belong—whether an old habit, current sin, religious doctrine, etc.

- Refer also: <https://cbadenhorst.blogspot.com/2016/06/grace-christ-us-part-4-holy-spirit-and.html>

Also, in that same courtyard of the Tabernacle, near the alter, is the wash basin. This is was where the ritualistic cleansing took place. But as Jesus shared with His disciples, it is His Word that washes us clean—always.

Yet, because of conflict of our flesh, we are still promised a new body when the Lord returns—no longer having to deal with our old self that is connected to this departing world. So even though we may be suffering in our body (including physically), it will always be temporary; and we have a promised hope of a new body awaiting us!

But know also, that even though we are to get new bodies, the Lord values us in the body we are in. He still wants us to enjoy the things around us in this world that bring Godly joy to the body—for He made the earth and all the universe for our enjoyment. So don't reject those Godly things we can enjoy through our senses (even sex)—and if we don't know what is Godly or not, we can read those differences in scripture and follow the guidance of the Holy Spirit. And remember, even if you make a mistake, the Lord is not upset with you!

II. READING: [Colossians 2:1-23](#) (MEV)

I would like you to know what a great struggle I am having for you, and for those at Laodicea, and for everyone who has not seen my face in the flesh, 2 that their hearts may be comforted, being knit together in love, and receive all the riches and assurance of full understanding, and knowledge of the mystery of God, both of the Father and of Christ, 3 in whom are hidden all the treasures of wisdom and knowledge. 4 Now this I say lest anyone beguile you with enticing words. 5 For though I am absent in the flesh, yet I am with you in spirit, rejoicing and seeing your orderliness and the steadfastness of your faith in Christ.

6 As you have received Christ Jesus the Lord, so walk in Him, 7 rooted and built up in Him and established in the faith, as you have been taught, and abounding with thanksgiving.

8 Beware lest anyone captivate you through philosophy and vain deceit, in the tradition of men and the elementary principles of the world, and not after Christ.

9 For in Him lives all the fullness of the Godhead bodily. 10 And you are complete in Him, who is the head of all authority and power. 11 In Him you were also circumcised with the circumcision made without hands, by putting off the body of the sins of the flesh, by the circumcision of Christ, 12 buried with Him in baptism, in which also you were raised with Him through the faith of the power of God, who has raised Him from the dead.

13 And you, being dead in your sins and the uncircumcision of your flesh, He has resurrected together with Him, having forgiven you all sins. 14 He blotted out the handwriting of ordinances that was against us and contrary to us, and He took it out of the way, nailing it to the cross. 15 And having disarmed authorities and powers, He made a show of them openly, triumphing over them by the cross.

16 Therefore let no one judge you regarding food, or drink, or in respect of a holy day or new moon or sabbath days. 17 These are shadows of things to come, but the substance belongs to Christ. 18 Do not let anyone cheat you of your reward by delighting in false humility and the worship of angels, dwelling on those things which he has not seen, vainly arrogant due to his unspiritual mind, 19 and not supporting the head, from which the entire body, nourished and knit together by joints and sinews, grows as God gives the increase.

20 Therefore, if you died with Christ to the elementary principles of the world, why, as if you were living in the world, do you subject yourself to legalistic rules? 21 "Do not touch! Do not taste! Do not handle!" 22 These all are to perish with use and are aligned with the commandments and doctrines of men. 23 These things have indeed a show of wisdom in self-imposed worship and humility and neglecting of the body, but are worthless against the indulgence of the flesh.

III. RELATED VERSES AND QUESTIONS:

- A. The “alter for burnt offerings”—burning up what doesn’t belong:

[John 2:13-17](#) (MEV)

The Passover of the Jews was at hand, and Jesus went up to Jerusalem. 14 In the temple He found those who were selling oxen and sheep and doves, and the moneychangers sitting there. 15 When He had made a whip of cords, He drove them all out of the temple, with the sheep and oxen. He poured out the changers’ money and overturned the tables. 16 He said to those who sold doves, “Take these things away! Do not make My Father’s house a house of merchandise!” 17 His disciples remembered that it was written, “Zeal for Your house will consume Me.”

[Luke 19:45-46](#) (MEV)

Then He entered the temple and began to drive out those who sold and bought in it, 46 saying to them, “It is written, ‘My house will be a house of prayer,’ but you have made it ‘a den of thieves.’”

[1 Corinthians 3:10-17](#) (MEV) {PoG}

According to the grace of God which has been given to me, as a wise master builder, I have laid the foundation, but another builds on it. Now let each one take heed how he builds on it. 11 For no one can lay another foundation than that which was laid, which is Jesus Christ. 12 Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, or stubble, 13 each one’s work will be revealed. For the Day will declare it, because it will be revealed by fire, and the fire will test what sort of work each has done. 14 If anyone’s work which he has built on the foundation endures, he will receive a reward. 15 If anyone’s work is burned, he will suffer loss. But he himself will be saved, still going through the fire.

16 Do you not know that you are the temple of God, and that the Spirit of God dwells in you? 17 If anyone defiles the temple of God, God will destroy {this, *the defilement* ([G5126](#))}. For the temple of God is holy. And you are His {*Holy*} temple.

Question: What aspects of your being feels as though it is being burned up?

Response:

- B. The “basin of water” for cleansing—the Lord’s Word:

[John 15:3](#) (MEV)

You are already clean through the word which I have spoken to you.

[Galatians 5:25b-27](#) (MEV)

... Christ also loved the church and gave Himself for it, 26 that He might sanctify and cleanse it with the washing of water by the word, 27 and that He might present to Himself a glorious church, not having spot, or wrinkle, or any such thing, but that it should be holy and without blemish.

Question: What are ways the Lord cleanses you with His Word?

Response:

- C. We do not have to fear judgement for what “sins” we have done while in this body—for we have been reconciled, redeemed, and sanctified through Christ’s body that He sacrificed for us.

[2 Corinthians 5:1-10](#) (MEV) {PoG}

We know that if our earthly house, this tent {tabernacle}, were to be destroyed, we have an eternal building of God in the heavens, a house not made with hands. 2 In this one we groan, earnestly desiring to be sheltered with our house which is from heaven. 3 Thus being sheltered, we shall not be found unsheltered. 4 For we who are in this tent {tabernacle} groan, being burdened, not because we wish to be unclothed, but to be further clothed, so that what is mortal might be swallowed up by life. 5 Now He who has created us for this very thing is God, who also has given to us the guarantee of the Spirit.

6 Therefore we are always confident, knowing that while we are at home in the body, we are absent from the Lord. 7 For we walk by faith, not by sight. 8 Instead, I say that we are confident and willing to be absent from the body and to be present with the Lord. 9 So whether present or absent, we labour {for indeed we are} accepted by Him. 10 For we must all appear before the judgment seat of Christ, that each one may receive his recompense in the body, according to what he has done, whether it was good or bad {evil}.

[Hebrews 10:10-22](#) (MEV)

By this will we have been sanctified through the offering of the body of Jesus Christ once for all.

11 But every priest stands daily ministering and repetitively offering the same sacrifices, which can never take away sins. 12 But this Man, after He had offered one sacrifice for sins forever, sat down at the right hand of God. 13 Since that time He has been waiting for His enemies to be made His footstool. 14 For by one offering He has forever perfected those who are sanctified.

15 The Holy Spirit also witnesses to us about this. For after saying,

16 “This is the covenant that I will make with them after those days, says the Lord:
I will put My laws into their hearts, and in their minds I will write them,”

17 then He adds,

“Their sins and lawless deeds will I remember no more.”

18 Now where there is forgiveness of these, there is no longer an offering for sin.

19 Therefore, brothers, we have confidence to enter the Most Holy Place by the blood of Jesus, 20 by a new and living way that He has opened for us through the veil, that is to say, His flesh, 21 and since we have a High Priest over the house of God, 22 let us draw near with a true heart in full assurance of faith, having our hearts sprinkled to cleanse them from an evil conscience, and our bodies washed with pure water.

[John 6:28-29](#) (MEV)

Then they asked Him, “What shall we do that we may work the works of God?”

29 Jesus answered them, “This is the work of God, that you believe in Him whom He has sent.”.

Question: Do you feel that God is disappointed in you because of the things your body (or flesh) does?

- Refer also: <https://cbadenhorst.blogspot.com/2019/08/reconciliation-redemption.html>
Bible Study Lesson 040 – Final Judgement (WEB)

Response:

- D. Let's take the fear and confusion out of needing to "mutilate" or "destroy" our own body because of sin.

[Matthew 5:27-30](#) (MEV)

"You have heard that it was said by the ancients, 'You shall not commit adultery.' 28 But I say to you that whoever looks on a woman to lust after her has committed adultery with her already in his heart. 29 And if your right eye causes you to sin, pluck it out and throw it away. For it is profitable that one of your members should perish, and not that your whole body be thrown into hell. 30 And if your right hand causes you to sin, cut it off and throw it away. For it is profitable for you that one of your members should perish, and not that your whole body be thrown into hell.

Question: Have you ever felt that a specific sin was going to send you to hell?

Response:

- E. Our conflict and choices:

[Romans 6:5-18](#) (MEV)

For if we have been united with Him in the likeness of His death, so shall we also be united with Him in the likeness of His resurrection, 6 knowing this, that our old man has been crucified with Him, so that the body of sin might be destroyed, and we should no longer be slaves to sin. 7 For the one who has died is freed from sin.

8 Now if we died with Christ, we believe that we shall also live with Him, 9 knowing that Christ, being raised from the dead, will never die again; death has no further dominion over Him. 10 For the death He died, He died to sin once for all, but the life He lives, He lives to God.

11 Likewise, you also consider yourselves to be dead to sin, but alive to God through Jesus Christ our Lord. 12 Therefore do not let sin reign in your mortal body, that you should obey it in its lusts. 13 Do not yield your members to sin as instruments of unrighteousness, but yield yourselves to God, as those who are alive from the dead, and your bodies to God as instruments of righteousness. 14 For sin shall not have dominion over you, for you are not under the law, but under grace.

15 What then? Shall we sin because we are not under the law but under grace? God forbid! 16 Do you not know that to whom you yield yourselves as slaves to obey, you are slaves of the one whom you obey, whether of sin leading to death, or of obedience leading to righteousness? 17 But thanks be to God, for you were slaves of sin, but you have obeyed from the heart that form of teaching to which you were entrusted, 18 and having been freed from sin, you became the slaves of righteousness.

Romans 7:21-25 (MEV)

I find then a law that when I desire to do good, evil is present with me. 22 For I delight in the law of God according to the inner man, 23 but I see another law in my members, warring against the law of my mind and bringing me into captivity to the law of sin which is in my members. 24 O wretched man that I am! Who will deliver me from the body of this death? 25 I thank God through Jesus Christ our Lord.

So then, with my mind, I serve the law of God, but with my flesh, the law of sin.

Question: Can you feel the conflict of the world vs the Spirit in yourself? Do you have authority and a choice?

Response:

F. Romans 12:1-2 (MEV)

I urge you therefore, brothers, by the mercies of God, that you present your bodies as a living sacrifice, holy, and acceptable to God, which is your reasonable service of worship. 2 Do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is the good and acceptable and perfect will of God.

Question: What does a “living sacrifice” mean to you?

Response:

G. Without the existence of our Spirit, our body would have no life in it. It is from the Spirit that Life exists.

Mark 5:25-34 (MEV)

And a certain woman had a haemorrhage for twelve years, 26 and had suffered much under many physicians. She had spent all that she had, and was not better but rather grew worse. 27 When she had heard of Jesus, she came in the crowd behind Him and touched His garment. 28 For she said, “If I may touch His garments, I shall be healed.” 29 And immediately her haemorrhage dried up, and she felt in her body that she was healed of the affliction.

30 At once, Jesus knew within Himself that power had gone out of Him. He turned around in the crowd and said, “Who touched My garments?”

31 His disciples said to Him, “You see the crowd pressing against You, and You say, ‘Who touched Me?’ ”

32 And He looked around to see her who had done it. 33 But the woman, fearing and trembling, knowing what had happened to her, came and fell down before Him and told Him the entire truth. 34 He said to her, “Daughter, your faith has made you well. Go in peace, and be healed of your affliction.”

TABERNACLE: BODY

Bible Study: Lesson 013 (Tabernacle, Part 2)

[Luke 23:44-46](#) (MEV)

It was now about the sixth hour, and darkness came over all the land until the ninth hour, 45 while the sun was darkened. And the veil of the temple was torn in the middle. 46 And Jesus cried out with a loud voice, “Father, into Your hands I commit My spirit.” Having said this, He gave up the spirit.

[James 2:26](#) (MEV)

As the body without the spirit is dead, so faith without works is dead.

Question: Do you see yourself as a Spirit within a body?

Response:

- H. A New Creation—it is not just our Spirit that has been made new, but our entire being. If our Spirit is Holy, it cannot exist in a Body and Soul that also isn't that same Holy. Likewise, even as individual members of the “Body of Christ”, as Christ is Holy, then so are we.

[1 Corinthians 6:19b-20](#) (MEV)

Do you not know that your body is the temple of the Holy Spirit, who is in you, whom you have received from God, and that you are not your own? 20 You were bought with a price. Therefore glorify God in your body and in your spirit, which are God's.

[2 Corinthians 5:17](#) (MEV)

Therefore, if any man is in Christ, he is a new creature. Old things have passed away. Look, all things have become new.

[Galatians 6:15](#) (MEV)

For in Christ Jesus neither circumcision nor uncircumcision means anything, but a new creation.

[Ephesians 5:30](#) (MEV)

For we are members of His body, of His flesh and of His bones.

[Colossians 1:21-27](#) (MEV)

And you, who were formerly alienated and enemies in your mind by wicked works, yet now He has reconciled 22 in the body of His flesh through death, to present you holy and blameless and above reproach in His sight, 23 if you continue in the faith, grounded and settled, and are not removed from the hope of the gospel, which you have heard, and which was preached to every creature which is under heaven, and of which I, Paul, have become a servant.

24 Now I rejoice in my sufferings for your sake and fill up in my flesh that which is lacking in the afflictions of Christ, for the sake of His body, which is the church. 25 I have been made a servant of it according to the commission of God, which has been given to me for you, to fulfil the word of God, 26 even the mystery which has been hidden from past ages and generations, but now is revealed to His saints. 27 To them God would make known what is the glorious riches of this mystery among the nations. It is Christ in you, the hope of glory.

[1 Thessalonians 5:23-24](#) (MEV)

May the very God of peace sanctify you completely. And I pray to God that your whole spirit, soul, and body be preserved blameless unto the coming of our Lord Jesus Christ. 24 Faithful is He who calls you, who also will do it.

[1 John 4:13-17](#) (MEV)

We know that we live in Him, and He in us, because He has given us His Spirit. 14 And we have seen and testify that the Father sent the Son to be the Savior of the world. 15 Whoever confesses that Jesus is the Son of God, God lives in him, and he in God. 16 And we have come to know and to believe the love that God has for us.

God is love. Whoever lives in love lives in God, and God in him. 17 In this way God's love is perfected in us, so that we may have boldness on the Day of Judgment, because as He is, so are we in this world.

Question: When you look at your body and feel your soul, do you believe them to be Holy as well?

Response:

IV. FURTHER THOUGHT:

I. [2 Corinthians 5:14-17](#) (MEV):

For the love of Christ constrains us, because we thus judge: that if one died for all, then all have died. 15 And He died for all, that those who live should not from now on live for themselves, but for Him who died for them and rose again. 16 So from now on we do not regard anyone according to the flesh. Yes, though we have known Christ according to the flesh, yet we do not regard Him as such from now on. 17 Therefore, if any man is in Christ, he is a new creature. Old things have passed away. Look, all things have become new.

Thoughts: Something we tend to do as humans is judge other people for the things they do or don't do (regardless of whether it's a comparison to our own actions or some form of morality). Since we are comprised of more than just a body, we must understand that what we do is a result of a blend of our being and the filters we apply (or that have been applied to us).

This is what Paul is getting at above—that we can no longer look at a person's exterior and behaviour as to whom they are. Only the Lord truly understands their identity and the reasons why people do things. The Lord actually sees the end from the beginning ([Isaiah 46:9-10](#)) and every minute detail of a person's existence in relation to the world we are in (including the actions/inactions of everyone else from the beginning of time). None of us have that insight to understand others or ourselves.

Thus, when we judge ourself or others for what the body and flesh do, we neglect all the other parts of our being and the fulfilment of the Cross to take away all the sins of the flesh of every human being ([Hebrews 10](#)). When we let go of that judgment, we actually allow ourselves to Love others (and to Love ourself) with the Love of God! And too, perpetually walk in forgiveness of others as we ourselves are forgiven (who are forgiven also).

J. [Romans 8:5-13](#) (MEV):

For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. 6 To be carnally minded is death, but to be spiritually minded is life and peace, 7 for the carnal mind is hostile toward God, for it is not subject to the law of God, nor indeed can it be, 8 and those who are in the flesh cannot please God.

9 You, however, are not in the flesh but in the Spirit, if indeed the Spirit of God lives in you. Now if any man does not have the Spirit of Christ, he does not belong to Him. 10 And if Christ is in you, though the body is dead because of sin, the Spirit is alive because of righteousness. 11 But if the Spirit of Him who raised Jesus from the dead lives in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit that lives in you.

12 Therefore, brothers, we are debtors not to the flesh, to live according to the flesh. 13 For if you live according to the flesh, you will die, but if through the Spirit you put to death the deeds of the body, you will live.

Thoughts: Often, the discussions of body and flesh overlap; yet, they are not the same thing. Our body is that thing which is born into this world; our flesh is that which is trained by the world (not by the Spirit). All those things that are not trained by the Spirit that we see in ourselves are things like: people-pleasing, co-dependence, those reactive responses of fight / flight / freeze / fawn, narcissism, manipulation, control, hate, bigotry, discrimination, racism, xenophobia, and so much more—whether intentional or not. Many of these things derive from our upbringing and environment; negatively-nurtured in us from in the womb.

But, even though these may exist in us, they do not have to be permanent—for the Lord seeks to override them through His Spirit in us. This reprogramming / rewiring our mind and patterns of behaviour aren't always pleasant as we feel the resistance of change from the flesh. Something we will dig into more in later lessons.

- Refer also: <https://cbadenhorst.blogspot.com/2016/05/trials-by-flesh-05-20-16.html>
<https://cbadenhorst.blogspot.com/2019/03/trials-of-faith-trials-against-faith.html>
<https://cbadenhorst.blogspot.com/2021/11/our-duality.html>
<https://cbadenhorst.blogspot.com/2023/04/the-why-we-do.html>
<https://cbadenhorst.blogspot.com/2023/09/heal-hurts.html>
Bible Study Lesson 029 – The Thief (Discernment & Battle)
Bible Study Lesson 044 – Our Duality (Flesh & Spirit)

TABERNACLE: BODY

Bible Study: Lesson 013 (Tabernacle, Part 2)



V. CONCLUDING REMARKS / NOTES (LESSON 013):

[illegible]